

# ALLERGEN MATRIX

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# How To Use

## INTRODUCTION

Hello, welcome to our allergy information guide, which details all the dishes that we offer and is designed to help you make decisions on the food and drink that you order.

If you have an allergy to any ingredient, please place your order at the bar and let a member of the team know, even if you have dined with us before. Before ordering, please read the allergy statement on our menu.

Our Allergen Matrix contains a list of all the dishes served in our Lounges. At the top we have listed the 14 declarable allergens for your reference, you can then use the key below to see which allergens are contained in which dishes. At the end of the document you will also find information detailing which of our dishes can be made without 6 other non-declarable allergens (Garlic, Onion, Chilli, Tomatoes, Peas, Other Pulses).

	A RED dot means that the dish contains the specified allergenic ingredient. i.e. The ingredient is not included in the menu description but may be part of a sauce.
	A GREEN highlighted box means the dish can be modified to remove the specific allergenic ingredient. See Modification column and make sure to inform your waiter of your allergy(ies) when ordering at the till.
<b>M</b>	A black M means the dish "May Contain". The term 'May Contain' is used to highlight where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contamination may still be a risk. Cross-contamination happens when traces of allergens get into products accidentally during the manufacturing, handling, transport or storage of foods.
*	A BLUE Asterisk means that the dish is fried in oil that may also be used to fry other dishes that contains the allergen
<b>M*</b>	A black <b>M</b> with a A BLUE Asterisk * means there is a 'May Contain' risk + a fryer cross contamination risk for this allergen.
	<b>VEGETARIAN</b>
	<b>VEGAN</b>
	A PURPLE TICK shows that Made Without dishes have a GF option available - for 14 declarables see GF MENU pg 14.























## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
<b>Cakes</b>	Carrot Cake Slice		WHEAT		M			M			M		•	M	M	✓	Ⓥ	
<b>Cakes</b>	Chocolate & Raspberry Torte Slice		M		M			M			M		•	M	M	✓	Ⓥ	
<b>Cakes</b>	Chocolate Fudge Cake Slice		WHEAT		•			•			M		•	M	M	✓		
<b>Cakes</b>	Dark Fruity Flapjack Bar				M			M			M		M	M	M	✓	Ⓥ	
<b>Cakes</b>	Honey & Bergamot Loaf Slice		WHEAT		•			•			M		M	M	M	✓		
<b>Cakes</b>	Victoria Sponge Cake Slice		WHEAT		•			•			M		M	M	M	✓		
<b>Cakes</b>	Teacake		WHEAT		•			•				M	•		M	✓		
<b>Pastries</b>	Croissant		WHEAT		•			•				M	M		M	✓		
<b>Pastries</b>	Pain Au Chocolat		WHEAT		•			•				M	•		M	✓		
<b>Snacks</b>	Jelly Beans															✓		

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
		<b>SNACKPOT CONTAINS SESAME &amp; GLUTEN</b>																
Kids Snack Pot	Kids GF Snack Pot (No Breadsticks)											•				✓	Ⓥ	
Kids Snack Pot	Kids Snack Pot		WHEAT					M				•	M	M		✓	Ⓥ	
Kids Mains	Kids 3oz Hamburger NO SNACK POT		WHEAT RYE		M			M		M		•	•	M				
Kids Mains	Kids Breakfast NO SNACK POT		WHEAT RYE BARLEY		•			•				M	•	•				
Kids Mains	Kids Cheesy Beans on Toast NO SNACK POT		WHEAT RYE BARLEY		M			•				M	•			✓		
Kids Mains	Kids Chicken Strips NO SNACK POT		WHEAT			*		*	*	*								
Kids Mains	Kids Falafel in a Bun NO SNACK POT		WHEAT RYE		M			M		M		•	•		M	✓	Ⓥ	
Kids Mains	Kids Fish Fingers NO SNACK POT		WHEAT			•		*	*	•								
Kids Mains	Kids GF 3oz Hamburger NO SNACK POT				•									•				
Kids Mains	Kids GF Falafel in a Bun NO SNACK POT				•							•				✓		

## CORE & KIDS MENU

MENU CATEGORY	DISH	SNACKPOT CONTAINS SESAME & GLUTEN															MODIFICATION		
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN		VEGAN	
Kids Mains	Kids GF Grilled Herb Chicken NO SNACK POT																		
Kids Mains	Kids GF Sausage Chips and Beans NO SNACK POT																		
Kids Mains	Kids Grilled Herb Chicken NO SNACK POT																		
Kids Mains	Kids Mac Cheese and Garlic Bread NO SNACK POT		WHEAT RYE BARLEY		M														
Kids Mains	Kids Pancakes With Banana and Compote NO SNACK POT		WHEAT																
Kids Mains	Kids Sausage Chips and Beans NO SNACK POT																		
Kids Choices	Choice Fries (Kids)																		
Kids Choices	Choice Salad (Kids)																		
Kids Puddings	Kids Brownie		M																
Kids Puddings	Kids Fruit Sundae		WHEAT																
Kids Puddings	Kids GF Fruit Sundae																		
Kids Puddings	Kids Ice Cream w Chocolate Sauce				M														

## CORE & KIDS MENU

MENU CATEGORY	DISH	ALLERGENS														DIETARY		MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Bubblegum							•									✓		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Chocoholic Heaven							•									✓		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Mint Choc Chip							•									✓		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Salted Caramel							•									✓		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Succulent Strawberry							•									✓		
BERETTO GRUPO TRAGO	GF Sunshine Brunch (TRIAL)	•	M		•			•		•	M	M	M	•	M	✓			
BERETTO GRUPO TRAGO	Sunshine Brunch (TRIAL)	•	M		•			•		•	M	M	M	•	M	✓			
BERETTO GRUPO TRAGO	Lounge Chicken Shawarma Flatbread (TRIAL)	M	•							M		•		•					
BERETTO GRUPO TRAGO	Lounge Veggie Keema Flatbread (TRIAL)	M	•		M	M		M		M	M	•	•	•	M	✓	V		
BERETTO GRUPO TRAGO	Thali Bowl (TRIAL)	M	•					•		•	M		•	•	M	✓			
BERETTO GRUPO TRAGO	V Vegan Thali Bowl (TRIAL)	M	•		M	M		M		•	M		•	•	M	✓	V		
BERETTO GRUPO TRAGO	Vegan Lounge Keema Flatbread (TRIAL)	M	•		M	M		M		M	M	•	•	•	M	✓	V		
BERETTO GRUPO TRAGO	Wild Mushroom Pappardelle (TRIAL)	M	•	M	•	M		•		M			M	•	M	✓			
BERETTO GRUPO TRAGO	Chicken Parmo Burger (TRIAL)	•	•		•			•		•	M	M	•	•	M				
BERETTO GRUPO TRAGO	Chicken Parmo Burger NAKED (TRIAL)	•	M		•			•		•	M	M	•	•	M				
BERETTO GRUPO TRAGO	GF Chicken Parmo Burger (TRIAL)	•	M		•			•		•	M	M	•	•	M				











































# DRINKS 2022

MENU CATEGORY	DRINKS																MODIFICATION			
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN		VEGAN		
<b>COCKTAILS</b>	Long Island Spiced Tea																✓	Ⓥ		
<b>COCKTAILS</b>	Mango Tiki Shake																•	✓	Ⓥ	
<b>COCKTAILS</b>	Melonade Spritz																•	✓	Ⓥ	
<b>COCKTAILS</b>	Mojito																	✓	Ⓥ	
<b>COCKTAILS</b>	Prosecco & Passion Fruit Martini																•	✓	Ⓥ	
<b>COCKTAILS</b>	Raspberry & Vanilla Martini																•	✓	Ⓥ	
<b>COCKTAILS</b>	Raspberry Mojito																	✓	Ⓥ	
<b>COCKTAILS</b>	Strawberry Sling																•	✓	Ⓥ	
<b>COCKTAILS</b>	Tennessee Apple Highball																	✓		
<b>COCKTAILS</b>	Watermelon Margarita																	✓	Ⓥ	
<b>No &amp; Low</b>	Amalfi Spritz																	✓	Ⓥ	
<b>No &amp; Low</b>	Light & Stormy																	✓	Ⓥ	
<b>No &amp; Low</b>	Tanqueray 0.0% & Tonic																	✓	Ⓥ	

## DRINKS 2022

MENU CATEGORY	DRINKS	Allergens																VEGETARIAN	VEGAN	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS					
SHOTS	Blackberry Moose Fruit Shot																	✓	Ⓥ	
SHOTS	Pink Grapefruit Moose Fruit Shot																	✓	Ⓥ	
SHOTS	Spiced Peach Moose Fruit Shot																	✓	Ⓥ	
SHOTS	Sambuca																	✓	Ⓥ	
SHOTS	Tequilla Slammer (Don Julio)																	✓	Ⓥ	
SHOTS	Tequilla Slammer (el Jimador)																	✓	Ⓥ	
SHOTS	Tequilla Slammer (Strawberry Cream)							•										✓		
SHOTS	Tequilla Slammer (Coffee)																	✓	Ⓥ	
SHOTS	Moose																	✓	Ⓥ	

# DRINKS 2022

MENU CATEGORY	DRINKS	Allergens																TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>							
<b>HOMEMADE DRINKS</b>	Pink Lemonade																	✓	Ⓥ		
<b>HOMEMADE DRINKS</b>	Rose Garden																	✓	Ⓥ		
<b>HOMEMADE DRINKS</b>	Sherbet Lemonade															M		✓	Ⓥ		
<b>HOMEMADE DRINKS</b>	Virgin Mango Colada																	✓	Ⓥ		
<b>HOMEMADE DRINKS</b>	Virgin Mary	•	BARLEY			•				•							•				
<b>HOMEMADE DRINKS</b>	Watermelon Iced Tea																	✓	Ⓥ		
<b>HOMEMADE DRINKS</b>	Banana Milkshake									•								✓			
<b>HOMEMADE DRINKS</b>	Chocolate Milkshake									•								✓			
<b>HOMEMADE DRINKS</b>	Strawberry Milkshake									•								✓			
<b>HOMEMADE DRINKS</b>	Vanilla Milkshake									•								✓			

## DRINKS 2022

MENU CATEGORY	DRINKS	Allergens																MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN		
<b>JUICE</b>	Sunpride Orange Juice																		
<b>JUICE</b>	Sunpride Cranberry Juice													•					
<b>JUICE</b>	Eager Pineapple Juice																		
<b>JUICE</b>	Eager Apple Juice																		
<b>COFFEE</b>	Coconut Milk											•				✓	(V)		
<b>COFFEE</b>	Oat Milk		OATS													✓	(V)		
<b>COFFEE</b>	Soya Milk											•				✓	(V)		
<b>COFFEE</b>	Dairy Full Fat milk							•								✓			
<b>COFFEE</b>	Dairy Skimmed Milk							•								✓			
<b>HOMEMADE DRINKS</b>	Banana Milkshake (Marshfield TRIAL)							•							M	✓			
<b>HOMEMADE DRINKS</b>	Chocolate Milkshake (Marshfield TRIAL)							•							M	✓			
<b>HOMEMADE DRINKS</b>	Vanilla Milkshake (Marshfield TRIAL)							•							M	✓			
<b>HOMEMADE DRINKS</b>	Strawberry Milkshake (Marshfield TRIAL)							•							M	✓			
<b>HOMEMADE DRINKS</b>	Salted Caramel Milkshake (Marshfield TRIAL)							•							M	✓			

# MADE WITHOUT

MENU CATEGORY	DISH	MADE WITHOUT										MODIFICATION	
		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN		GLUTEN FREE OPTION
BRUNCH	Back Bacon Butty	WHEAT BARLEY					•					✓	Peas = <b>Choose</b> White or Brown Bread only GF = <b>Swap</b> Bread or Brioche Roll for GF Roll
BRUNCH	Breakfast Muffin	WHEAT RYE					•					✓	GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Bacon with chives	WHEAT RYE		•								✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Mushrooms with chives	WHEAT RYE		•						✓		✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Salmon with chives	WHEAT RYE		•								✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Spinach with chives	WHEAT RYE		•						✓		✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Lounge Breakfast	WHEAT RYE BARLEY		•		•	•	•	* CHICKPEA PEAS			✓	Onion = <b>Remove</b> Baked Beans and Hash Browns Tomato = <b>Remove</b> Baked Beans and Roasted Tomato Peas = <b>Remove</b> Cumberland Sausage Other Pulses = <b>Remove</b> Baked Beans GF = <b>Swap</b> Bread for GF Roll
BRUNCH	Sausage Butty	WHEAT BARLEY					•					✓	GF = <b>Swap</b> Bread or Brioche Roll for GF Roll
BRUNCH	Streaky Bacon Butty	WHEAT BARLEY					•					✓	Peas = <b>Choose</b> White or Brown Bread only GF = <b>Swap</b> Bread or Brioche Roll for GF Roll
BRUNCH	Vegan Bacon Butty	WHEAT BARLEY					•	•		✓	✓		Peas = <b>Choose</b> White or Brown Bread only Other Pulses = <b>Remove</b> Sunflower Spread GF = GF roll <b>IS NOT VEGAN</b> , do not offer to swap Bread
BRUNCH	Vegan Sausage Butty	WHEAT BARLEY					•	•		✓	✓		GF = GF Roll <b>IS NOT VEGAN</b> , do not offer to swap Bread Other Pulses = <b>Remove</b> Sunflower Spread NB: Vegan Sausage <b>contains</b> Pea Fibre
TOASTIE	MWO Grilled Cheese Toastie	WHEAT BARLEY								✓			
TOASTIE	MWO Ham & Cheese Grilled Toastie	WHEAT BARLEY											
Toastie Add Option	Toastie Add Fries						•		* ONION CHICKPEA	✓	✓	✓	NB: Fries <b>contain</b> Pea Protein
Toastie Add Option	Toastie Add Sweet Pot Fries								* ONION CHICKPEA PEAS	✓	✓	✓	

MADE WITHOUT													
MENU CATEGORY	DISH	CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION	MODIFICATION
		WHEAT RYE											
BURGERS	MWO Beyond Cheeseburger	WHEAT RYE	•	•	•	•	•	* ONION CHICKPEA	✓	✓	✓		Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, offer Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Remove</b> Vegan burger bun, <b>offer</b> Naked Burger NB: Beyond Burger Patty <b>contains</b> Pea Protein
BURGERS	MWO Lounge Bacon Cheeseburger	WHEAT RYE	•	•	•	•	•	* ONION CHICKPEA			✓		Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, offer Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Swap</b> Burger Bun for GF Roll NB: Burger Patty <b>contains</b> Pea Protein



# MADE WITHOUT

MENU CATEGORY	DISH	MADE WITHOUT											MODIFICATION	
		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION		
BURGERS	MWO Lounge Burger	WHEAT RYE	•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = <b>Remove</b> Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Swap</b> Burger Bun for GF Roll NB: Burger Patty <b>contains</b> Pea Protein
BURGERS	MWO Lounge Cheeseburger	WHEAT RYE	•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = <b>Remove</b> Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Swap</b> Burger Bun for GF Roll NB: Burger Patty <b>contains</b> Pea Protein
NAKED BURGERS	Beyond Cheeseburger NAKED		•	•	•	•	•		*	ONION CHICKPEA	✓	Ⓢ	✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = <b>Remove</b> Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries
NAKED BURGERS	Lounge Bacon Cheeseburger NAKED		•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = <b>Remove</b> Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries NB: Burger Patty <b>contains</b> Pea Protein
NAKED BURGERS	Lounge Burger NAKED		•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = <b>Remove</b> Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries NB: Burger Patty <b>contains</b> Pea Protein
NAKED BURGERS	Lounge Cheeseburger NAKED		•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = <b>Remove</b> Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries NB: Burger Patty <b>contains</b> Pea Protein
Burger Side Option	Burger Side Fries						•		*	ONION CHICKPEA	✓	Ⓢ	✓	NB: Fries <b>contain</b> Pea Protein
Burger Side Option	Burger Side Sweet Pot Fries								*	ONION CHICKPEA PEAS	✓	Ⓢ	✓	
Burger Side Option	Burger Side Salad		•	•	•	•					✓	Ⓢ	✓	
MAINS	Mac Cheese	WHEAT		•							✓			NB: Mac Cheese <b>contains</b> Onion Powder
MAINS	Mac Cheese with Bacon	WHEAT		•										NB: Mac Cheese <b>contains</b> Onion Powder
MAINS	Mac Cheese with Spring Greens & Broccoli	WHEAT		•							✓			NB: Mac Cheese <b>contains</b> Onion Powder

MADE WITHOUT													
MENU CATEGORY	DISH												MODIFICATION
		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION	
MAINS	Steak Frites		•				•		* ONION CHICKPEA			✓	Garlic = <b>Remove</b> Garlic Butter
SIDES	Fries						•		* ONION CHICKPEA	✓	✓	✓	NB: Fries <b>contain</b> Pea Protein
SIDES	Fries with Cheese						•		* ONION CHICKPEA	✓		✓	NB: Fries <b>contain</b> Pea Protein
SIDES	House Slaw									✓	✓	✓	
SIDES	Mac Cheese	WHEAT		•						✓			NB: Mac Cheese <b>contains</b> Onion Powder
SIDES	Sweet Pot Fries								* ONION CHICKPEA PEAS	✓	✓	✓	

## MADE WITHOUT

MENU CATEGORY	DISH	MADE WITHOUT											MODIFICATION
		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION	
PUDDINGS	Chocolate Sundae	WHEAT								✓		✓	
PUDDINGS	Churros & Two Sauces	WHEAT						* ONION	✓				
PUDDINGS	Mango & Passionfruit Sundae								✓		✓		
PUDDINGS	Sticky Toffee Pudding	WHEAT							✓				
PUDDINGS	Warm Chocolate Brownie	M							✓		✓		
PUDDINGS	Vegan Mango Sorbet								✓	Ⓥ	✓		
CAKES	Blueberry & Lemon Drizzle Loaf Slice	WHEAT							✓				
CAKES	Brownie	M							✓		✓		
CAKES	Carrot Cake Slice	WHEAT					•		✓	Ⓥ			NB: Carrot Cake <b>contains</b> Fava Beans
CAKES	Chocolate & Raspberry Torte Slice						•		✓	Ⓥ	✓		NB: Chocolate & Raspberry Torte <b>contains</b> Lentil Protein
CAKES	Dark Fruity Flapjack Bar								✓	Ⓥ	✓		
CAKES	Tea Cake	WHEAT							✓				