

# ALLERGEN MATRIX

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# How To Use

## INTRODUCTION

Hello, welcome to our allergy information guide, which details all the dishes that we offer and is designed to help you make decisions on the food and drink that you order.

If you have an allergy to any ingredient, please place your order at the bar and let a member of the team know, even if you have dined with us before. Before ordering, please read the allergy statement on our menu.

Our Allergen Matrix contains a list of all the dishes served in our Lounges. At the top we have listed the 14 declarable allergens for your reference, you can then use the key below to see which allergens are contained in which dishes. At the end of the document (pg. 33-37) you will also find information detailing which of our dishes can be made without 6 other non-declarable allergens (Garlic, Onion, Chilli, Tomatoes, Peas, Other Pulses).

	A RED dot means that the dish contains the specified allergenic ingredient. i.e. The ingredient is not included in the menu description but may be part of a sauce.
	A GREEN highlighted box means the dish can be modified to remove the specific allergenic ingredient. See Modification column and make sure to inform your waiter of your allergy(ies) when ordering at the till.
<b>M</b>	A black M means the dish "May Contain". The term 'May Contain' is used to highlight where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contamination may still be a risk. Cross-contamination happens when traces of allergens get into products accidentally during the manufacturing, handling, transport or storage of foods.
*	A BLUE Asterisk means that the dish is fried in oil that may also be used to fry other dishes that contains the allergen
<b>M*</b>	A black <b>M</b> with a A BLUE Asterisk * means there is a 'May Contain' risk + a fryer cross contamination risk for this allergen.
	<b>VEGETARIAN</b>
	<b>VEGAN</b>
	A PURPLE TICK shows that Made Without dishes have a GF option available - for 14 declarables see GF MENU pg 14.

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
			WHEAT RYE BARLEY															
BRUNCH	Back Bacon Butty		WHEAT RYE BARLEY		M			•				M	•	•				
BRUNCH	Big Lounge Breakfast		WHEAT RYE BARLEY OATS		•			•				M	•	•				
BRUNCH	Big Veggie Breakfast	M	WHEAT RYE BARLEY		•			•		•	M	M	•	•	M	✓		
BRUNCH	Breakfast Muffin		WHEAT RYE BARLEY		•			•				M	•	•	M			
BRUNCH	Chorizo Hash	•	M		•					•	M	M		M				
BRUNCH	Eggs Bacon with chives		WHEAT RYE		•			•				M	•	•	M			
BRUNCH	Eggs Chorizo, Guacamole & Peppers with chives	M	WHEAT RYE		•			•		•		M	•	•	M			
BRUNCH	Eggs Mushrooms with chives		WHEAT RYE		•			•				M	•		M	✓		
BRUNCH	Eggs Salmon with chives		WHEAT RYE		•	•		•				M	•		M			
BRUNCH	Eggs Spinach with chives		WHEAT RYE		•			•				M	•		M	✓		
BRUNCH	Lounge Breakfast		WHEAT RYE BARLEY		•			•				M	•	•				

## CORE & KIDS MENU

MENU CATEGORY	DISH	ALLERGENS															MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN		VEGAN
BRUNCH	Sausage Butty		WHEAT RYE BARLEY		M			•				M	•	•				
BRUNCH	Shakshuka	•	WHEAT RYE BARLEY		•			•		•	M	•	•	M	M	✓		
BRUNCH	Shakshuka with Chorizo	•	WHEAT RYE BARLEY		•			•		•	M	•	•	M	M			
BRUNCH	Smashed Avocado Brunch	M	WHEAT RYE BARLEY		•			•		•		M	•	•		✓		
BRUNCH	Streaky Bacon Butty		WHEAT RYE BARLEY		M			•				M	•					
BRUNCH	Toast with Jam		WHEAT RYE BARLEY		M			•				M	•			✓		
BRUNCH	Toast with Marmalade		WHEAT RYE BARLEY		M			•				M	•			✓		
BRUNCH	Toast with Marmite	•	WHEAT RYE BARLEY OATS		M			•				M	•			✓		
BRUNCH	Triple Stacked Buttermilk Pancakes with Bacon & Maple Syrup		WHEAT		•			•		M				M	M			
BRUNCH	Triple Stacked Buttermilk Pancakes with Blueberries & Maple Mascarpone		WHEAT		•			•		M				M	M	✓		
BRUNCH	Veggie Breakfast	M	WHEAT RYE BARLEY		•			•		•	M	M	•	M	M	✓		

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Sandwiches & Panini	AB's Veggie Sausage Sandwich	M	WHEAT RYE BARLEY		M			M		•		M	•	•		✓	ⓧ	
Sandwiches & Panini	Falafel & Avocado Ciabatta	•	WHEAT RYE BARLEY		M			M		•		•	•	•		✓	ⓧ	
Sandwiches & Panini	Falafel & Avocado Ciabatta with Halloumi	•	WHEAT RYE BARLEY		M			•		•		•	•	•		✓		
Sandwiches & Panini	Fish Finger Sandwich		WHEAT RYE BARLEY		•	•		M	*	•		M	•	•				
Sandwiches & Panini	Grilled Cheese Toastie		WHEAT RYE BARLEY		M			•		•		M	•			✓		
Sandwiches & Panini	Ham & Cheese Grilled Toastie		WHEAT RYE BARLEY		M			•		•		M	•	•				
Sandwiches & Panini	Mediterranean Chicken Ciabatta	•	WHEAT RYE BARLEY		M			•		•		M	M	M				
Sandwiches & Panini	Spicy Tuna Ciabatta	•	WHEAT RYE BARLEY		M	•		M		•		M	M	M				
Sandwiches & Panini	Twisted Chicken Club Ciabatta	•	WHEAT RYE BARLEY		M			•		•	M	M	•	•	M			
SALADS	Chicken, Bacon & Avo Salad	M	M		•			•		•		•	•	M				
SALADS	Halloumi & Falafel Salad	M	M					•		•		•	•	M		✓		

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
<b>Burgers</b>	Beyond Cheese Burger	•	WHEAT RYE		M			M		•		M	•		M	✓	ⓧ	
<b>Burgers</b>	Chicken, Bacon & Avocado Burger	•	WHEAT RYE		•			M		•		M	•	•	M			
<b>Burgers</b>	Dirty Brisket Burger	•	WHEAT RYE BARLEY OATS		M			•		•	M	M	•	•	M			
<b>Burgers</b>	Halloumi Burger	M	WHEAT RYE		•			•		•		•	•	M	M	✓		
<b>Burgers</b>	Katsu Chicken Burger		WHEAT RYE		M			•		•	M	M	•		M			
<b>Burgers</b>	Lounge Bacon Cheeseburger	•	WHEAT RYE		•			•		•		M	•	•	M			
<b>Burgers</b>	Lounge Burger	•	WHEAT RYE		•			M		•		M	•	•	M			
<b>Burgers</b>	Ultimate Chicken Burger	•	WHEAT RYE		M			•		•	M	M	•		M			
<b>NAKED BURGERS</b>	Beyond Cheese Burger NAKED	•	M					M		•			M			✓	ⓧ	
<b>NAKED BURGERS</b>	Chicken, Bacon & Avocado Burger NAKED	•			•					•			•	•				
<b>NAKED BURGERS</b>	Dirty Brisket Burger NAKED	•	WHEAT RYE BARLEY OATS					•		•	M	M	•	•	M			
<b>NAKED BURGERS</b>	Halloumi Burger NAKED	M	M		•			•		•		•		M		✓		
<b>NAKED BURGERS</b>	Katsu Chicken Burger NAKED							•		•	M	M	•		M			
<b>NAKED BURGERS</b>	Lounge Bacon Cheeseburger NAKED	•			•			•		•			•	•				
<b>NAKED BURGERS</b>	Lounge Burger NAKED	•			•					•			•	•				
<b>NAKED BURGERS</b>	Ultimate Chicken Burger NAKED	•						•		•	M		•		M			

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
MAINS	Bang Bang Buttermilk Chicken Noodles		WHEAT					•		•	M	•	•	•	M			
MAINS	Buttermilk Fried Chicken Main (BBQ Sauce)	•						•		•	M		•		M			
MAINS	Buttermilk Fried Chicken Main (Chipotle Mayo)	•						•		•	M		•		M			
MAINS	Buttermilk Fried Chicken Main (Katsu Sauce)							•		•	M	M	•		M			
MAINS	Mac Cheese		WHEAT					•		•	M	M			M	✓		
MAINS	Mac Cheese with Bacon		WHEAT					•		•	M	M			M			
MAINS	Mac Cheese with Spring Greens & Broccoli		WHEAT					•		•	M	M			M	✓		
MAINS	Mexican Superbowl	•	M					M		•	M	M	•	•	M	✓	✓	
MAINS	Mexican Superbowl with Chorizo	•	M					M		•	M	M	•	•	M			

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
MAINS	Mexican Superbowl with Halloumi	•	M					•		•	M	M	•	•	M	✓		
MAINS	Miso Salmon Noodle Bowl		WHEAT			•						•	•	•				
MAINS	Pulled Brisket Chilli	•	M					•		•	M	M	•	•	M			
MAINS	Pulled Brisket Chilli with Chorizo	•	M					•		•	M	M	•	•	M			
MAINS	Roasted Aubergine Massaman Curry		M							•	M	•	•		M	✓	Ⓥ	
MAINS	Roasted Aubergine Massaman Curry with Flatbread	M	WHEAT				•			•	M	•	•		M	✓	Ⓥ	
MAINS	Steak Frites							•		•				•				
MAINS	Wan Chai Fried Rice Bowl	M			•					M		•	•	•		✓		
MAINS	Wan Chai Fried Rice Bowl with Miso Aubergine	M			•					M		•	•	•		✓		
MAINS	Wan Chai Fried Rice Bowl with Miso Chicken	M			•					M		•	•	•				



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MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
TAPAS EXTRAS	Add Garlic & Chilli Flatbread	M	WHEAT				•			M		M	•			✓	Ⓥ	
TAPAS	Black Bean & Sweetcorn Quesadilla Tapas	•	WHEAT					•		•	M	M		•	M	✓		
TAPAS	Bravas Tapas	•	M							•	M	M		M		✓	Ⓥ	
TAPAS	Buttermilk Fried Chicken Tapas (BBQ Sauce)	•	M					•		•	M	M	•	M	M			
TAPAS	Buttermilk Fried Chicken Tapas (Chipotle Mayo)	•	M					•		•	M	M	•	M	M			
TAPAS	Buttermilk Fried Chicken Tapas (Katsu Sauce)	M	M					•		•	M	M	•	M	M			
TAPAS	Edamame Guacamole Tapas	M	WHEAT RYE BARLEY		M			M		•		M	•	•		✓	Ⓥ	
TAPAS	Falafel, Hummus & Supergrain Bowl Tapas		M									•	•			✓	Ⓥ	
TAPAS	Garlic & Chilli Flatbread with Dips Tapas	M	WHEAT				•	•		•		•	•			✓		

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TAPAS	Halloumi & Sweetcorn Fritter Tapas	M	M		•			•		•	M	M		M	M	✓		
TAPAS	Honey Whipped Feta Tapas	M	WHEAT RYE BARLEY		M			•		M		M	M	M		✓		
TAPAS	Hummus Tapas	M	WHEAT RYE BARLEY		M			M		•		•	M	M		✓	Ⓥ	
TAPAS	Meatball Tagine Tapas	M	WHEAT					•		•	M	•	•	•				
TAPAS	Mini Pulled Brisket Chilli Tapas	•	M					•		•	M	M		•	M			
TAPAS	Mozzarella Arancini Tapas	•	M		•			•		•		M		•		✓		
TAPAS	Salt & Pepper Squid Tapas		WHEAT			*		*	•	•								
TAPAS	Spicy Beef Quesadilla Tapas	M	WHEAT					•		•	M	M		M				

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
<b>SIDES</b>	Fries Side															✓	Ⓥ	
<b>SIDES</b>	Fries with Cheese Side							•								✓		
<b>SIDES</b>	Garlic & Chilli Flatbread	M	WHEAT			•				M		M	•			✓	Ⓥ	
<b>SIDES</b>	Cheesy Garlic & Chilli Flatbread	M	WHEAT			•	•			M		M	•			✓		
<b>SIDES</b>	Halloumi Fries Side				•		•			*						✓		
<b>SIDES</b>	House Salad Side	M	M							•		M		M		✓	Ⓥ	
<b>SIDES</b>	House Slaw Side									•						✓	Ⓥ	
<b>SIDES</b>	Mac Cheese Side		WHEAT				•		•	M	M			M		✓		
<b>SIDES</b>	Onion Rings Side		WHEAT			*	•		*	*						✓		
<b>SIDES</b>	Spicy Veggie Rice Side	M	M							•		M	•	M		✓	Ⓥ	
<b>SIDES</b>	Sweet Pot Fries Side															✓	Ⓥ	
<b>SIDES</b>	Tenderstem Broccoli with Garlic & Chilli Side	M								M		M				✓	Ⓥ	

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Puddings	Chocolate Sundae		WHEAT		•			•			M		•	•	M	✓		
Puddings	Churros & Two Sauces		WHEAT		M	*		•	*	*	M		•	•	M	✓		
Puddings	Mango & Passionfruit Sundae				•			•								✓		
Puddings	Sticky Toffee Pudding		WHEAT		•			•						•		✓		
Puddings	Triple Stacked Buttermilk Pancakes with Blueberries & Maple Mascarpone		WHEAT		•			•		M				M	M	✓		
Puddings	Warm Chocolate Brownie		M		•			•			M		•	•	M	✓		
Cakes	Apple & Berry Crumblejack Slice		WHEAT OATS		M			M			M		M	M	ALMONDS	✓	Ⓟ	
Cakes	Big Rock Slice		WHEAT BARLEY		M			•			M		•	M	M			
Cakes	Brownie		M		•			•			M		•	M	M	✓		

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
<b>Cakes</b>	Carrot Cake Slice		WHEAT		M			M			M		•	M	M	✓	Ⓥ	
<b>Cakes</b>	Chocolate & Raspberry Torte Slice		M					M			M		•	M	M	✓	Ⓥ	
<b>Cakes</b>	Chocolate Fudge Cake Slice		WHEAT		•			•			M		•	M	M	✓		
<b>Cakes</b>	Dark Fruity Flapjack Bar															✓	Ⓥ	
<b>Cakes</b>	Honey & Bergamot Loaf Slice		WHEAT		•			•			M		M	M	M	✓		
<b>Cakes</b>	Victoria Sponge Cake Slice		WHEAT		•			•			M		M	M	M	✓		
<b>Cakes</b>	Teacake		WHEAT		•			•			M		•		M	✓		
<b>Pastries</b>	Croissant		WHEAT		•			•			M		M		M	✓		
<b>Pastries</b>	Pain Au Chocolat		WHEAT		•			•			M		•		M	✓		
<b>Snacks</b>	Jelly Beans															✓		

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
		<b>SNACKPOT CONTAINS SESAME &amp; GLUTEN</b>																
Kids Snack Pot	Kids GF Snack Pot (No Breadsticks)											•				✓	Ⓥ	
Kids Snack Pot	Kids Snack Pot		WHEAT					M				•	M	M		✓	Ⓥ	
Kids Mains	Kids 3oz Hamburger NO SNACK POT		WHEAT RYE		M			M		M		•	•	M				
Kids Mains	Kids Breakfast NO SNACK POT		WHEAT RYE BARLEY		•			•		M		•	•					
Kids Mains	Kids Cheesy Beans on Toast NO SNACK POT		WHEAT RYE BARLEY		M			•		M		•			✓			
Kids Mains	Kids Chicken Strips NO SNACK POT		WHEAT			*		*	*	*								
Kids Mains	Kids Falafel in a Bun NO SNACK POT		WHEAT RYE		M			M		M		•	•		M	✓	Ⓥ	
Kids Mains	Kids Fish Fingers NO SNACK POT		WHEAT			•		*	*	•								
Kids Mains	Kids GF 3oz Hamburger NO SNACK POT				•									•				
Kids Mains	Kids GF Falafel in a Bun NO SNACK POT				•							•			✓			

## CORE & KIDS MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION	
		<b>SNACKPOT CONTAINS SESAME &amp; GLUTEN</b>																	
Kids Mains	Kids GF Grilled Herb Chicken NO SNACK POT																		
Kids Mains	Kids GF Sausage Chips and Beans NO SNACK POT													•					
Kids Mains	Kids Grilled Herb Chicken NO SNACK POT																		
Kids Mains	Kids Mac Cheese and Garlic Bread NO SNACK POT		WHEAT RYE BARLEY		M			•		•	M	M	M	M	M	✓			
Kids Mains	Kids Pancakes With Banana and Compote NO SNACK POT		WHEAT		•			•		M				M	M	✓			
Kids Mains	Kids Sausage Chips and Beans NO SNACK POT													•					
Kids Choices	Choice Fries (Kids)															✓	V		
Kids Choices	Choice Salad (Kids)									•						✓	V		
Kids Puddings	Kids Brownie		M		•			•			M		•	•		M	✓		
Kids Puddings	Kids Fruit Sundae		WHEAT		•			•					•			M	✓		
Kids Puddings	Kids Ice Cream w Chocolate Sauce				M			•					•	•			✓		

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MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Bubblegum							•								☑		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Chocoholic Heaven							•					•			☑		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Mint Choc Chip							•					•			☑		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Salted Caramel							•					•			☑		
BOLERO BRUNEL IMPERO	Ice Cream Mini Tub Succulent Strawberry							•								☑		







## CORE & KIDS MENU

MENU CATEGORY	DISH															TREENUTS	VEGETARIAN	VEGAN	MODIFICATION		
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>							
ADDS/ EXTRAS	Add Hash Brown																	✓	Ⓥ		
ADDS/ EXTRAS	Add Herb-Marinated Chicken Half Breast																				
ADDS/ EXTRAS	Add Hollandaise				•			•										✓			
ADDS/ EXTRAS	Add Hummus											•						✓	Ⓥ		
ADDS/ EXTRAS	Add Jalapenos													•				✓	Ⓥ		
ADDS/ EXTRAS	Add Kraut													•				✓	Ⓥ		
ADDS/ EXTRAS	Add Maple Syrup																	✓	Ⓥ		
ADDS/ EXTRAS	Add Miso Aubergine											•	•					✓	Ⓥ		
ADDS/ EXTRAS	Add Miso Chicken											•	•								
ADDS/ EXTRAS	Add Muffin		WHEAT RYE		M			•					M	•		M		✓			
ADDS/ EXTRAS	Add Onion Rings		WHEAT			*		•	*	*							✓				
ADDS/ EXTRAS	Add Pancake		WHEAT		•			•		M				M	M		✓				
ADDS/ EXTRAS	Add Roasted Tomatoes																✓	Ⓥ			



## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH																MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN		VEGAN
GF BRUNCH	GF Back Bacon Butty				•			•						•				
GF BRUNCH	GF Big Lounge Breakfast				•			•						•				
GF BRUNCH	GF Big Veggie Breakfast	M	M		•			•		•	M	M	•	•	M	✓		
GF BRUNCH	GF Breakfast Muffin				•			•						•				
GF BRUNCH	GF Chorizo Hash	•	M		•					•	M	M		M				
GF BRUNCH	GF Eggs Bacon with chives				•			•						•				
GF BRUNCH	GF Eggs Chorizo, Guacamole & Peppers with chives	M	M		•			•		•		M	•	•				
GF BRUNCH	GF Eggs Mushrooms with chives				•			•								✓		

GLUTEN FREE & VEGAN MENU																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN		MODIFICATION
																VEGETARIAN	VEGAN	
GF BRUNCH	GF Eggs Salmon with chives				•	•		•										
GF BRUNCH	GF Eggs Spinach with chives				•			•									✓	
GF BRUNCH	GF Lounge Breakfast				•			•					•					
GF BRUNCH	GF Sausage Butty				•			•					•					
GF BRUNCH	GF Shakshuka	•			•			•	•	M	•	•			M	✓		
GF BRUNCH	GF Shakshuka with Chorizo	•			•			•	•	M	•	•			M			
GF BRUNCH	GF Smashed Avocado Brunch	M	M		•			•	•		M	•	•			✓		
GF BRUNCH	GF Streaky Bacon Butty				•			•										
GF BRUNCH	GF Veggie Breakfast	M	M		•			•	•	M	M		M	M	✓			

## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH																MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN		VEGAN
GF SALADS	GF Chicken, Bacon & Avo Salad	M	M		•			•		•		•	•	M				
GF SALADS	GF Halloumi & Falafel Salad	M	M					•		•		•	•	M		✓		
GF SANDWICH EXTRAS	Add Burger Fries															✓	ⓧ	
GF SANDWICH EXTRAS	Add Burger Sweet Potato Fries															✓	ⓧ	
GF SANDWICHES	GF AB's Veggie Sausage Sandwich	M	M		•			M		•		M	•	•		✓		
GF SANDWICHES	GF Falafel & Avocado Sandwich	•	M		•					•		•	•	•		✓		
GF SANDWICHES	GF Falafel & Avocado Sandwich with Halloumi	•	M		•			•		•		•	•	•		✓		
GF SANDWICHES	GF Mediterranean Chicken Sandwich	•	M		•			•		•		M		M				
GF SANDWICHES	GF Spicy Tuna Sandwich	•	M		•	•				•		M		M				
GF SANDWICHES	GF Twisted Chicken Club Sandwich	•	M		•			•		•	M	M	•	•	M			

GLUTEN FREE & VEGAN MENU																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF TAPAS	GF Bravas Tapas	•	M						•	M	M			M		✓	Ⓥ	
GF TAPAS	GF Buttermilk Fried Chicken Tapas (BBQ Sauce)	•	M					•	•	M	M	•		M	M			
GF TAPAS	GF Buttermilk Fried Chicken Tapas (Chipotle Mayo)	•	M					•	•	M	M	•		M	M			
GF TAPAS	GF Buttermilk Fried Chicken Tapas (Katsu Sauce)	M	M					•	•	M	M	•		M	M			
GF TAPAS	GF Edamame Guacamole Tapas	M	M		•				•		M	•	•			✓		
GF TAPAS	GF Falafel, Hummus & Supergrain Bowl Tapas		M								•	•				✓	Ⓥ	
GF TAPAS	GF Halloumi & Sweetcorn Fritter Tapas	M	M		•			•	•	M	M			M	M	✓		
GF TAPAS	GF Honey Whipped Feta Tapas	M			•			•		M	M					✓		
GF TAPAS	GF Hummus Tapas	M			•				•		•					✓		
GF TAPAS	GF Mini Pulled Brisket Chilli Tapas	•	M					•	•	M	M		•		M			
GF TAPAS	GF Mozzarella Arancini Tapas	•	M		•			•	•		M		•			✓		



## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF BURGERS	GF Beyond Cheese Burger	•	M		•			M		•			M			☑		
GF BURGERS	GF Chicken, Bacon & Avocado Burger	•			•					•			•	•				
GF BURGERS	GF Halloumi Burger	M	M		•			•		•		•		M		☑		
GF BURGERS	GF Katsu Chicken Burger				•			•		•	M	M	•		M			
GF BURGERS	GF Lounge Bacon Cheeseburger	•			•			•		•			•	•				
GF BURGERS	GF Lounge Burger	•			•					•			•	•				
GF BURGERS	GF Ultimate Chicken Burger	•			•			•		•	M		•		M			

## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	ALLERGENS															VEGETARIAN	VEGAN	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS				
GF MAINS	GF Buttermilk Fried Chicken Main (BBQ Sauce)	•					•		•	M		•		M					
GF MAINS	GF Buttermilk Fried Chicken Main (Chipotle Mayo)	•					•		•	M		•		M					
GF MAINS	GF Buttermilk Fried Chicken Main (Katsu Sauce)						•		•	M	M	•		M					
GF MAINS	GF Mexican Superbowl	•	M				M		•	M	M	•	•	M	✓	Ⓥ			
GF MAINS	GF Mexican Superbowl with Chorizo	•	M				M		•	M	M	•	•	M					
GF MAINS	GF Mexican Superbowl with Halloumi	•	M				•		•	M	M	•	•	M	✓				
GF MAINS	GF Pulled Brisket Chilli	•	M				•		•	M	M	•	•	M					
GF MAINS	GF Pulled Brisket Chilli with Chorizo	•	M				•		•	M	M	•	•	M					
GF MAINS	GF Roasted Aubergine Massaman Curry		M						•	M	•	•		M	✓	Ⓥ			
GF MAINS	GF Steak Frites						•		•				•						
GF MAINS	GF Wan Chai Fried Rice Bowl	M			•				M		•	•	•		✓				
GF MAINS	GF Wan Chai Fried Rice Bowl with Miso Aubergine	M			•				M		•	•	•		✓				
GF MAINS	GF Wan Chai Fried Rice Bowl with Miso Chicken	M			•				M		•	•	•						

## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF SIDES	GF Fries Side															✓	Ⓥ	
GF SIDES	GF Fries with Cheese Side							•								✓		
GF SIDES	GF Halloumi Fries Side				•			•	*							✓		
GF SIDES	GF House Salad Side	M	M						•		M		M			✓	Ⓥ	
GF SIDES	GF House Slaw Side								•							✓	Ⓥ	
GF SIDES	GF Spicy Veggie Rice Side	M	M						•		M	•	M			✓	Ⓥ	
GF SIDES	GF Sweet Pot Fries Side															✓	Ⓥ	
GF SIDES	GF Tenderstem Broccoli with Garlic & Chilli Side	M							M		M					✓	Ⓥ	
GF SIDES	Gluten Free Roll w/ Butter				•			•								✓		

GLUTEN FREE & VEGAN MENU																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN VEGAN		MODIFICATION
																✓	ⓧ	
GF PUDDINGS	GF Chocolate Sundae		M		•			•			M		•	•	M	✓		
GF PUDDINGS	GF Mango & Passionfruit Sundae				•			•								✓		
GF PUDDINGS	GF Warm Chocolate Brownie		M		•			•			M		•	•	M	✓		
GF CAKES	GF Brownie		M		•			•			M		•	M	M	✓		
GF CAKES	GF Chocolate & Raspberry Torte Slice		M					M			M		•	M	M	✓	ⓧ	
GF CAKES	GF Dark Fruity Flapjack Bar															✓	ⓧ	
OFF MENU	V Vegan & GF Breakfast	M	M							•		M		M		✓	ⓧ	

## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	ALLERGENS															DIETARY		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN		
VEGAN BRUNCH	V Big Vegan Breakfast	M	WHEAT RYE BARLEY		M				M		•		M	•	•		✓	Ⓥ	
VEGAN BRUNCH	V Smashed Avocado Brunch	M	WHEAT RYE BARLEY		M				M		•		M	•	•		✓	Ⓥ	
VEGAN BRUNCH	V Vegan Bacon Butty		WHEAT RYE BARLEY		M				M				M	•			✓	Ⓥ	
VEGAN BRUNCH	V Vegan Bacon Hash	•	M							•	M	M	•	•			✓	Ⓥ	
VEGAN BRUNCH	V Vegan Breakfast	M	WHEAT RYE BARLEY		M				M		•		M	•	M		✓	Ⓥ	
VEGAN BRUNCH	V Vegan Sausage Butty		WHEAT RYE BARLEY		M				M				M	•	•		✓	Ⓥ	
VEGAN BRUNCH	V Vegan Toast with Jam		WHEAT RYE BARLEY		M				M				M	•			✓	Ⓥ	
VEGAN BRUNCH	V Vegan Toast with Marmalade		WHEAT RYE BARLEY		M				M				M	•			✓	Ⓥ	
VEGAN BRUNCH	V Vegan Toast with Marmite	•	WHEAT RYE BARLEY OATS		M				M				M	•			✓	Ⓥ	

## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	ALLERGENS														DIETARY		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	
VEGAN TAPAS	V Add Garlic & Chilli Flatbread	M	WHEAT				•			M		M	•			✓	ⓧ	
VEGAN TAPAS	V Black Beans & Sweet Potato Tapas	•	M					M		•	M	M		M	M	✓	ⓧ	
VEGAN TAPAS	V Bravas Tapas	•	M							•	M	M		M		✓	ⓧ	
VEGAN TAPAS	V Edamame Guacamole Tapas	M	WHEAT RYE BARLEY		M			M		•		M	•	•		✓	ⓧ	
VEGAN TAPAS	V Falafel, Hummus & Supergrain Bowl Tapas		M									•	•			✓	ⓧ	
VEGAN TAPAS	V Hummus Tapas	M	WHEAT RYE BARLEY		M			M		•		•	M	M		✓	ⓧ	
VEGAN SANDWICHES	V AB's Vegan Sausage Sandwich	M	WHEAT RYE BARLEY		M			M		•		M	•	•		✓	ⓧ	
VEGAN SANDWICHES	V Falafel & Avocado Ciabatta	•	WHEAT RYE BARLEY		M			M		•		•	•	•		✓	ⓧ	
VEGAN SANDWICHES	V Vegan BLT Sandwich		WHEAT RYE BARLEY		M			M		•		M	•			✓	ⓧ	

## GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	ALLERGENS															DIETARY		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN		
VEGAN MAINS	V Beyond Cheese Burger	•	WHEAT RYE		M			M		•		M	•		M	✓	ⓧ		
VEGAN MAINS	V Mexican Superbowl	•	M					M		•	M	M	•	•	M	✓	ⓧ		
VEGAN MAINS	V Roasted Aubergine Massaman Curry		M							•	M	•	•		M	✓	ⓧ		
VEGAN MAINS	V Roasted Aubergine Massaman Curry with Flatbread	M	WHEAT				•			•	M	•	•		M	✓	ⓧ		
VEGAN MAINS	V Sweet Potatoes & Falafel Salad	M	M							•		•	•	M		✓	ⓧ		
VEGAN MAINS	V Wan Chai Fried Rice Bowl with Miso Aubergine	M								M		•	•	•		✓	ⓧ		
VEGAN SIDES	V Fries Side															✓	ⓧ		
VEGAN SIDES	V Garlic & Chilli Flatbread (Sides)	M	WHEAT				•			M		M	•			✓	ⓧ		
VEGAN SIDES	V House Salad Side	M	M							•		M		M		✓	ⓧ		
VEGAN SIDES	V House Slaw Side									•						✓	ⓧ		
VEGAN SIDES	V Spicy Veggie Rice Side	M	M							•		M	•	M		✓	ⓧ		
VEGAN SIDES	V Sweet Pot Fries Side															✓	ⓧ		
VEGAN SIDES	V Tenderstem Broccoli with Garlic & Chilli Side	M								M		M				✓	ⓧ		

GLUTEN FREE & VEGAN MENU																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
VEGAN PUDDINGS	V Mango Sorbet															✓	Ⓥ	
VEGAN CAKES	V Chocolate & Raspberry Torte Slice		M					M			M		•	M	M	✓	Ⓥ	
VEGAN CAKES	V Dark Fruity Flapjack Bar															✓	Ⓥ	
VEGAN CAKES	V Vegan Carrot Cake Slice		WHEAT		M			M			M		•	M	M	✓	Ⓥ	



# DRINKS 2021

MENU CATEGORY	DRINKS																	MODIFICATION									
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN										
<b>WINE</b>	Verdejo El Velero Verde							•										•									
<b>WINE</b>	Chenin Blanc Cullinan View							•											•								
<b>WINE</b>	Chardonnay Between Thorns				•	•		•											•								
<b>WINE</b>	Pinot Grigo Organic																	•			☑	Ⓥ					
<b>WINE</b>	Sauvignon Blanc Leefield					•												•									
<b>WINE</b>	El Velero TempranilGarnacha																	•									
<b>WINE</b>	Merlot Casa Vista																	•									
<b>WINE</b>	Shiraz Short Mile Bay				•			•										•									
<b>WINE</b>	Malbec Portillo																	•			☑	Ⓥ					
<b>WINE</b>	White Zinfandel Whsipering																	•									
<b>WINE</b>	Pinot Grigio Rosato Corte Vigna																	•			☑	Ⓥ					
<b>WINE</b>	English Sparkling Chapel Down				•	•												•									
<b>WINE</b>	Prosecco Santa Fosca																	•			☑	Ⓥ					
<b>WINE</b>	Rose Prosecco, Da Luca																	•			☑	Ⓥ					

## DRINKS 2021

MENU CATEGORY	DRINKS	Allergens																VEGETARIAN	VEGAN	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS					
<b>COCKTAILS</b>	Aloha Colada																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>COCKTAILS</b>	Aperol Spritz																•	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>COCKTAILS</b>	Betty Blue																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>COCKTAILS</b>	Blood Orange & Ginger Collins																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>COCKTAILS</b>	Chambord Spritz																•	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>COCKTAILS</b>	Cherry Bakewell																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>COCKTAILS</b>	Elderflower Rose Cooler																•	<input checked="" type="checkbox"/>		
<b>COCKTAILS</b>	Espresso Martini																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	

# DRINKS 2021

MENU CATEGORY	DRINKS	Allergens																MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN		
<b>COCKTAILS</b>	Long Island Spiced Tea																✓	Ⓥ	
<b>COCKTAILS</b>	Mango Tiki Shake																✓	Ⓥ	
<b>COCKTAILS</b>	Melonade Spritz												•				✓	Ⓥ	
<b>COCKTAILS</b>	Mojito																✓	Ⓥ	
<b>COCKTAILS</b>	Prosecco & Passion Fruit Martini												•				✓	Ⓥ	
<b>COCKTAILS</b>	Raspberry & Vanilla Martini												•				✓	Ⓥ	
<b>COCKTAILS</b>	Raspberry Mojito																✓	Ⓥ	
<b>COCKTAILS</b>	Strawberry Sling																✓	Ⓥ	
<b>COCKTAILS</b>	Tennessee Apple Highball																✓		
<b>COCKTAILS</b>	Watermelon Margarita																✓	Ⓥ	
<b>No &amp; Low</b>	Amalfi Spritz																✓	Ⓥ	
<b>No &amp; Low</b>	Light & Stormy																✓	Ⓥ	
<b>No &amp; Low</b>	Tanqueray 0.0% & Tonic																✓	Ⓥ	

## DRINKS 2021

MENU CATEGORY	DRINKS	Allergens																VEGETARIAN	VEGAN	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS					
SHOTS	Blackberry Moose Fruit Shot																✓	Ⓥ		
SHOTS	Pink Grapefruit Moose Fruit Shot																	✓	Ⓥ	
SHOTS	Spiced Peach Moose Fruit Shot																	✓	Ⓥ	
SHOTS	Sambuca																	✓	Ⓥ	
SHOTS	Tequilla Slammer (Don Julio)																	✓	Ⓥ	
SHOTS	Tequilla Slammer (el Jimador)																	✓	Ⓥ	
SHOTS	Tequilla Slammer (Strawberry Cream)							•										✓		
SHOTS	Tequilla Slammer (Coffee)																	✓	Ⓥ	
SHOTS	Moose																	✓	Ⓥ	

# DRINKS 2021

MENU CATEGORY	DRINKS	Allergens																VEGETARIAN	VEGAN	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS					
<b>HOMEMADE DRINKS</b>	Pink Lemonade																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>HOMEMADE DRINKS</b>	Rose Garden																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>HOMEMADE DRINKS</b>	Sherbet Lemonade														M			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>HOMEMADE DRINKS</b>	Virgin Mango Colada																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>HOMEMADE DRINKS</b>	Virgin Mary	•	BARLEY			•			•											
<b>HOMEMADE DRINKS</b>	Watermelon Iced Tea																	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<b>HOMEMADE DRINKS</b>	Banana Milkshake							•										<input checked="" type="checkbox"/>		
<b>HOMEMADE DRINKS</b>	Chocolate Milkshake							•										<input checked="" type="checkbox"/>		
<b>HOMEMADE DRINKS</b>	Strawberry Milkshake							•										<input checked="" type="checkbox"/>		
<b>HOMEMADE DRINKS</b>	Vanilla Milkshake							•										<input checked="" type="checkbox"/>		

## DRINKS 2021

MENU CATEGORY	DRINKS	Allergens																MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO <sub>2</sub>	TREENUTS	VEGETARIAN	VEGAN		
<b>JUICE</b>	Sunpride Orange Juice																		
<b>JUICE</b>	Sunpride Cranberry Juice													•					
<b>JUICE</b>	Eager Pineapple Juice																		
<b>JUICE</b>	Eager Apple Juice																		
<b>COFFEE</b>	Coconut Milk											•				✓	V		
<b>COFFEE</b>	Oat Milk		OATS													✓	V		
<b>COFFEE</b>	Soya Milk											•				✓	V		
<b>COFFEE</b>	Dairy Full Fat milk							•								✓			
<b>COFFEE</b>	Dairy Skimmed Milk							•								✓			
<b>HOMEMADE DRINKS</b>	Banana Milkshake (Marshfield TRIAL)							•								✓			
<b>HOMEMADE DRINKS</b>	Chocolate Milkshake (Marshfield TRIAL)							•								✓			
<b>HOMEMADE DRINKS</b>	Salted Caramel Milkshake (Marshfield TRIAL)							•								✓			
<b>HOMEMADE DRINKS</b>	Strawberry Milkshake (Marshfield TRIAL)							•								✓			

# MADE WITHOUT

MENU CATEGORY	DISH	MADE WITHOUT											MODIFICATION
		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION	
BRUNCH	Back Bacon Butty	WHEAT BARLEY					•					✓	Peas = <b>Choose</b> White or Brown Bread only GF = <b>Swap</b> Bread or Brioche Roll for GF Roll
BRUNCH	Breakfast Muffin	WHEAT RYE					•					✓	GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Bacon with chives	WHEAT RYE		•								✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Mushrooms with chives	WHEAT RYE		•						✓		✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Salmon with chives	WHEAT RYE		•								✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Eggs Spinach with chives	WHEAT RYE		•						✓		✓	Onion = <b>Remove</b> Hollandaise Sauce and Chives GF = <b>Swap</b> English Muffin for GF Roll
BRUNCH	Lounge Breakfast	WHEAT RYE BARLEY		•		•	•	•	* CHICKPEA PEAS			✓	Onion = <b>Remove</b> Baked Beans and Hash Browns Tomato = <b>Remove</b> Baked Beans and Roasted Tomato Peas = <b>Remove</b> Cumberland Sausage Other Pulses = <b>Remove</b> Baked Beans GF = <b>Swap</b> Bread for GF Roll
BRUNCH	Sausage Butty	WHEAT BARLEY					•					✓	GF = <b>Swap</b> Bread or Brioche Roll for GF Roll
BRUNCH	Streaky Bacon Butty	WHEAT BARLEY					•					✓	Peas = <b>Choose</b> White or Brown Bread only GF = <b>Swap</b> Bread or Brioche Roll for GF Roll
BRUNCH	Vegan Bacon Butty	WHEAT BARLEY					•			✓	✓		Peas = <b>Choose</b> White or Brown Bread only GF = GF roll <b>IS NOT VEGAN</b> , do not offer to swap Bread
BRUNCH	Vegan Sausage Butty	WHEAT BARLEY					•			✓	✓		GF = GF Roll <b>IS NOT VEGAN</b> , do not offer to swap Bread NB: Vegan Sausage <b>contains</b> Pea Fibre
TOASTIE	MWO Grilled Cheese Toastie	WHEAT BARLEY								✓			
TOASTIE	MWO Ham & Cheese Grilled Toastie	WHEAT BARLEY											
Toastie Add Option	Toastie Add Fries						•		* ONION CHICKPEA	✓	✓	✓	NB: Fries <b>contain</b> Pea Protein
Toastie Add Option	Toastie Add Sweet Pot Fries								* ONION CHICKPEA PEAS	✓	✓	✓	

MADE WITHOUT													
MENU CATEGORY	DISH	CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION	MODIFICATION
		WHEAT RYE											
BURGERS	MWO Beyond Cheeseburger	WHEAT RYE	•	•	•	•	•	* ONION CHICKPEA	✓	✓	✓		Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Remove</b> Vegan burger bun, <b>offer</b> Naked Burger NB: Beyond Burger Patty <b>contains</b> Pea Protein
BURGERS	MWO Lounge Bacon Cheeseburger	WHEAT RYE	•	•	•	•	•	* ONION CHICKPEA			✓		Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Swap</b> Burger Bun for GF Roll NB: Burger Patty <b>contains</b> Pea Protein



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MENU CATEGORY	DISH	MADE WITHOUT											MODIFICATION	
		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION		
BURGERS	MWO Lounge Burger	WHEAT RYE	•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Swap</b> Burger Bun for GF Roll NB: Burger Patty <b>contains</b> Pea Protein
BURGERS	MWO Lounge Cheeseburger	WHEAT RYE	•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries GF = <b>Swap</b> Burger Bun for GF Roll NB: Burger Patty <b>contains</b> Pea Protein
NAKED BURGERS	Beyond Cheeseburger NAKED		•	•	•	•	•		*	ONION CHICKPEA	✓	Ⓥ	✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries
NAKED BURGERS	Lounge Bacon Cheeseburger NAKED		•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries NB: Burger Patty <b>contains</b> Pea Protein
NAKED BURGERS	Lounge Burger NAKED		•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries NB: Burger Patty <b>contains</b> Pea Protein
NAKED BURGERS	Lounge Cheeseburger NAKED		•	•	•	•	•		*	ONION CHICKPEA			✓	Garlic = <b>Remove</b> Side Salad, <b>offer</b> Fries Onion = Remove Side Salad, <b>offer</b> Fries Chilli = <b>Remove</b> Side Salad, <b>offer</b> Fries Tomatoes = <b>Remove</b> Side Salad, <b>offer</b> Fries NB: Burger Patty <b>contains</b> Pea Protein
Burger Side Option	Burger Side Fries						•		*	ONION CHICKPEA	✓	Ⓥ	✓	NB: Fries <b>contain</b> Pea Protein
Burger Side Option	Burger Side Sweet Pot Fries								*	ONION CHICKPEA PEAS	✓	Ⓥ	✓	
Burger Side Option	Burger Side Salad		•	•	•	•					✓	Ⓥ	✓	
MAINS	Mac Cheese	WHEAT		•							✓			NB: Mac Cheese <b>contains</b> Onion Powder
MAINS	Mac Cheese with Bacon	WHEAT		•										NB: Mac Cheese <b>contains</b> Onion Powder
MAINS	Mac Cheese with Spring Greens & Broccoli	WHEAT		•							✓			NB: Mac Cheese <b>contains</b> Onion Powder

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		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION	
MAINS	Steak Frites		•				•		* ONION CHICKPEA			✓	Garlic = <b>Remove</b> Garlic Butter
SIDES	Fries						•		* ONION CHICKPEA	✓	✓	✓	NB: Fries <b>contain</b> Pea Protein
SIDES	Fries with Cheese						•		* ONION CHICKPEA	✓		✓	NB: Fries <b>contain</b> Pea Protein
SIDES	House Slaw									✓	✓	✓	
SIDES	Mac Cheese	WHEAT		•						✓			NB: Mac Cheese <b>contains</b> Onion Powder
SIDES	Sweet Pot Fries								* ONION CHICKPEA PEAS	✓	✓	✓	

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MENU CATEGORY	DISH	MADE WITHOUT											MODIFICATION
		CEREALS CONTAINING GLUTEN	GARLIC	ONION	CHILLI	TOMATOES	PEAS	OTHER PULSES (BEANS, CHICKPEAS, LENTILS)	FRIED WITH PRODUCTS CONTAINING	VEGETARIAN	VEGAN	GLUTEN FREE OPTION	
PUDDINGS	Chocolate Sundae	WHEAT								✓		✓	
PUDDINGS	Churros & Two Sauces	WHEAT						* ONION	✓				
PUDDINGS	Mango & Passionfruit Sundae								✓		✓		
PUDDINGS	Sticky Toffee Pudding	WHEAT							✓				
PUDDINGS	Warm Chocolate Brownie	M							✓		✓		
PUDDINGS	Vegan Mango Sorbet								✓	Ⓥ	✓		
CAKES	Blueberry & Lemon Drizzle Loaf Slice	WHEAT							✓				
CAKES	Brownie	M							✓		✓		
CAKES	Carrot Cake Slice	WHEAT					•		✓	Ⓥ			NB: Carrot Cake <b>contains</b> Fava Beans
CAKES	Chocolate & Raspberry Torte Slice						•		✓	Ⓥ	✓		NB: Chocolate & Raspberry Torte <b>contains</b> Lentil Protein
CAKES	Dark Fruity Flapjack Bar								✓	Ⓥ	✓		
CAKES	Tea Cake	WHEAT							✓				