



THIS IS A SAMPLE MENU

Please find our most up-to-date menu over on your local Lounges webpage

GLUTEN FREE

PLEASE SPECIFY GLUTEN FREE WHEN YOU ORDER
as some dishes are variations of main menu items

BRUNCH *Served all day*

All our eggs are free-range

GF Lounge Breakfast

Smoked back bacon, gluten free Cumberland sausage, hash browns, baked beans, slow-roasted tomato, button mushrooms, fried egg and a toasted gluten free roll

GF Veggie Breakfast v

Halloumi & sweetcorn fritters, greens & peppers, hash browns, baked beans, slow-roasted tomato, button mushrooms, fried egg and a toasted gluten free roll

GF Big Lounge Breakfast

Smoked back bacon, gluten free Cumberland sausages, hash browns, baked beans, slow-roasted tomato, button mushrooms, two fried eggs and a toasted gluten free roll

GF Lounge Eggs

Two poached eggs served with hollandaise on a toasted gluten free roll with...

- Smoked Back Bacon
- Chorizo, Peppers & Guacamole
- Button Mushrooms v
- Smoked Salmon
- Wilted Spinach v

GF Spinach & Feta Shakshuka v

Two poached eggs in a lightly spiced Mediterranean tomato & red pepper sauce with spinach and feta, served with a toasted gluten free roll

Add chorizo

GF Avocado Brunch v

with lime, chilli, coriander and tomato on a toasted gluten free roll, topped with a poached egg

GF Breakfast Muffin

Gluten free Cumberland sausage, smoked back bacon and a fried egg on a toasted gluten free roll

GF Bacon or Sausage Butty

Smoked bacon or gluten free Cumberland sausage on a gluten free roll

BREAKFAST CLUB

Mon-Fri until 12pm

Lounge or Veggie Breakfast with a nice pot of tea or filter coffee



EXTRAS...

- Fried or Poached Egg v
- Smoked Back or Streaky Bacon
- Avocado v
- Herb-Marinated Chicken
- Feta v
- Spinach v
- Halloumi v
- Falafel v
- Button Mushrooms v
- GF Roll v
- Hash Browns v
- Halloumi & Sweetcorn Fritters v
- GF Cumberland Sausage
- Chorizo
- American Cheese v
- Buttermilk Fried Chicken
- Pastrami
- Guacamole v
- Mature Cheddar v
- Fried Red Onion v

v vegetarian

SANDWICHES

Served with house slaw

Add fries or sweet potato fries

GF Twisted Chicken Club Sandwich

Buttermilk fried chicken, smoked streaky bacon, mature cheddar, guacamole, tomato, spinach and chipotle mayo in a gluten free roll

GF Falafel & Avocado Sandwich v

with hummus, guacamole, pickled red onion slaw and roasted red pepper sauce

Add halloumi

SALADS

GF Mediterranean Salad Bowl v

Falafel, hummus and butternut squash, with mixed leaves, flame-roasted peppers, red onion, cherry tomatoes, harissa and pomegranate seeds

Add halloumi v

GF Chicken, Bacon & Avocado Salad

Grilled herb-marinated chicken, smoked streaky bacon, avocado, red onion, mixed leaves, flame-roasted peppers and cherry tomatoes with toasted seeds, parmesan and Caesar dressing

GF Salmon Rainbow Bowl

Hot smoked salmon, rainbow slaw, mixed leaves, tenderstem broccoli, red onion, flame-roasted peppers, cherry tomatoes and sesame seeds, with a ginger and teriyaki dressing

SOUP OF THE DAY

with a gluten free roll and butter



MAINS

GF Buttermilk Fried Chicken

Lightly spiced crumbed chicken breast served with chipotle mayo, house slaw and fries

GF Bombay Sweet Potato & Lentil Curry v

Spiced coconut curry sauce with roasted sweet potatoes, lentils and fried potatoes served with lime & coriander rice, spring onion and red chilli

GF Mexican Superbowl v

Black beans, guacamole, roasted sweet potato with pomegranate molasses, spicy chipotle rice, wild rocket and tomato & chilli salsa

Add chorizo or halloumi v

GF Pulled Brisket Chilli

Slow-cooked chipotle beef brisket, black beans and mature cheddar served with spicy rice, spring onion, red chilli and sour cream

Add jalapeños

GF Steak Frites

8oz 28-day aged sirloin steak with garlic butter, wild rocket & parmesan salad and fries

BURGERS

Served in a gluten free bun with house slaw & fries or salad

Upgrade to sweet potato fries

GF Lounge Burger

6oz beef patty, lettuce, tomato, red onion, gherkin and burger sauce

Add extra patty

GF Lounge Bacon Cheeseburger

6oz beef patty, lettuce, tomato, red onion, gherkin, American cheese, smoked streaky bacon and burger sauce

Add extra patty

GF NYC Deli Burger

6oz beef patty, rocket, tomato, pickled red onion, pulled brisket chilli, pastrami, gherkin, mozzarella, peppercorn & mustard mayo and basil pesto

GF Halloumi Burger v

Crispy crumbed halloumi, hummus, flame-roasted peppers, tomato, red onion and chipotle chilli jam

GF Chicken, Bacon & Avocado Burger

Grilled herb-marinated chicken, smoked streaky bacon, avocado, red onion, tomato, lettuce, roasted garlic mayo and burger sauce

GF Beyond Cheese Burger v

Plant-based burger patty from Beyond Meat, with lettuce, tomato, pickled red onion, vegan smoked gouda cheese and chipotle mayo

GF Ultimate Chicken Burger

Buttermilk fried chicken, smoked streaky bacon, American cheese, fried red onion, rocket, tomato, roasted garlic mayo and two hash browns with barbecue sauce

CHEEKY MONDAYS

From 5pm

Buy any burger or main and get a glass (175ml) of house wine* or any pudding for free!

*other drink options available

SIDES

Fries v
with cheese v

Sweet Potato Fries v

Spicy Veggie Rice v
with edamame beans, red pepper and red onion

House Slaw v

GF Roll v

Halloumi Fries v
with chipotle chilli jam

Tenderstem Broccoli v
with chilli & garlic

House Salad v
with cherry tomatoes, flame-roasted peppers and red onion

TAPAS

SINGLE PLATE OR TAPAS BOARD

Your choice of 3, served with gluten free bread

GF Patatas Bravas v
with roasted garlic mayo

GF Hummus v
with extra virgin olive oil and sumac, served with gluten free bread

GF Mini Pulled Brisket Chilli
with mature cheddar, sour cream, spring onion, red chilli and coriander

GF Halloumi & Sweetcorn Fritters v
with chipotle chilli jam

GF Falafel & Supergrain Bowl v
with hummus, harissa and pomegranate seeds

GF Sticky Asian Chicken Wings
with sesame dressing, chives and spring onion

GF Frank's Fiery Chicken Wings
with Frank's Hot Sauce, red chilli and spring onion

GF Guacamole v
with tomato, coriander & chilli salsa, toasted seeds and spicy tortilla chips

TAPAS TUESDAYS

From 5pm

3 tapas dishes and a glass (175ml) of house wine*

*other drink options available



PUDDINGS

GF Warm Chocolate Brownie v
with vanilla ice cream and chocolate sauce

GF Lounge Sundae v
• Chocolate Fudge Brownie
• Mango & Passionfruit

CAKES

GF Dark Chocolate & Orange Torte v

GF Fruity Flapjack v

GF Chocolate Brownie v

TAKEAWAY

From our Lounge to your Lounge, our menu is available for takeaway. Click and collect from our website or phone to order.



TEST AND TRACE

If you haven't done so already we'd be grateful if you could scan the NHS Test and Trace QR code (on the poster at the entrance) or fill in a paper form if you prefer.



ALLERGIES

If you have an allergy please let us know and our manager will take your order personally.

Our Allergen Matrix is available on our website and can be accessed through the QR code on your table. It shows which of the 14 legally declarable allergens are contained in every dish on our menu. Because our recipes sometimes change it is important you let us know about any allergies every time you order. Though we recommend that you check the Matrix yourself our team will always be happy to advise, particularly if your allergy is not covered.

We have strict procedures in place for taking and preparing allergen orders but you should be aware that allergenic ingredients are present on our premises and those of our suppliers.

Despite the significant efforts we go to, we cannot eliminate the risk of cross contamination and therefore cannot guarantee any of our dishes are 100% free of allergens.