

ALLERGEN MATRIX

ALLERGIES

If you have an allergy please let us know and our manager will take your order personally.

Our Allergen Matrix is available on our website and can be accessed through the QR code on your table. It shows which of the 14 legally declarable allergens are contained in every dish on our menu. Because our recipes sometimes change it is important you let us know about any allergies every time you order. Though we recommend that you check the Matrix yourself our team will always be happy to advise, particularly if your allergy is not covered. We have strict procedures in place for taking and preparing allergen orders but you should be aware that allergenic ingredients are present on our premises and those of our suppliers.

Despite the significant efforts we go to, we cannot eliminate the risk of cross contamination and therefore cannot guarantee any of our dishes are 100% free of allergens.

ALLERGEN MATRIX






INTRODUCTION

Hello, welcome to our allergy information guide which details all the dishes that we offer and is designed to help you make decisions on the food and drink that you order. Please let a member of our team know if you have an allergy to any ingredient, even if you have dined with us before. Our Allergen Statement is present on our menus so that our position on allergens is very clear.

ALLERGEN MATRIX

This is our Allergen Matrix which contains a list of all the dishes served in our Lounges. At the top we have listed the 14 declarable allergens for your reference. On the right-hand side of the matrix you will find the modification column which allows you to remove certain key allergens from your favourite dishes.

Core and Kids
GF & Vegan
Drinks

	A RED dot means that the dish contains the specified allergenic ingredient. i.e. The ingredient is not included in the menu description but may be part of a sauce.
	A GREEN highlighted box means the dish can be modified to remove the specific allergenic ingredient. See Modification column and make sure to inform your waiter of your allergy(ies) when ordering at the till.
M	A black M means the dish "May Contain". The term 'May Contain' is used to highlight where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contamination may still be a risk. Cross-contamination happens when traces of allergens get into products accidentally during the manufacturing, handling, transport or storage of foods.
	A BLUE Asterisk means that the dish is fried in oil that may also be used to fry other dishes that contains the allergen
M*	A black M with a BLUE Asterisk  means there is a 'May Contain' risk + a fryer cross contamination risk for this allergen.
	VEGETARIAN
	VEGAN

CORE & KIDS

MENU CATEGORY	DISH																	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	
Brunch	Avocado Brunch	M	WHEAT RYE BARLEY	M	•	M		M	M	M	M	M	M	•	M	✓		GF & Vegan Options Available
Brunch	Back Bacon Butty		WHEAT					•					•	•				GF Option Available
Brunch	Big Lounge Breakfast		WHEAT BARLEY OATS		•			•					•	•				GF Option Available
Brunch	Blueberry & Banana Triple-Stacked Pancakes		WHEAT		•			•		M	M		•	•	M	✓		
Brunch	Breakfast Muffin		WHEAT		•			•				M	•	•	M			GF Option Available
Brunch	Brooklyn Brunch	M	WHEAT RYE BARLEY		•			•		•	M	M	M	M		✓		GF Option Available
Brunch	Eggs Bacon with chives		WHEAT		•			•				M	•	•	M			GF Option Available
Brunch	Eggs Chorizo, Guacamole & Peppers with chives	M	WHEAT		•			•		•		M	•	M	M			GF Option Available
Brunch	Eggs Mushrooms with chives		WHEAT		•			•				M	•		M	✓		GF Option Available
Brunch	Eggs Salmon with chives		WHEAT		•	•		•				M	•		M			GF Option Available
Brunch	Eggs Spinach with chives		WHEAT		•			•				M	•		M	✓		GF Option Available

CORE & KIDS																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Brunch	Frank's Ham Hock Hash	M	M		•			•		•		M		M				
Brunch	Huevos Rancheros	M	WHEAT	M	•	M		•	M	M	M	•	•	•	M	✓		
Brunch	Lounge Breakfast		WHEAT		•			•					•	•				GF & Vegan Options Available
Brunch	Sausage Butty		WHEAT					•					•	•				GF Option Available
Brunch	Spinach & Feta Shakshuka		WHEAT RYE BARLEY		•			•		M		M	M	M		✓		GF & Vegan Options Available
Brunch	Spinach, Feta & Chorizo Shakshuka		WHEAT RYE BARLEY		•			•		M		M	M	M				GF & Vegan Options Available
Brunch	Streaky Bacon Butty		WHEAT					•					•					GF Option Available
Brunch	Toast with Jam		WHEAT					•					•			✓		Vegan Option Available
Brunch	Toast with Marmite	•	WHEAT RYE BARLEY OATS					•					•			✓		Vegan Option Available
Brunch	Triple Stacked Buttermilk Pancakes with Bacon, Maple Syrup & Blueberries		WHEAT		•			•		M			•	M	M			
Brunch	Veggie Breakfast	M	WHEAT		•			•		•		M	•	•		✓		GF & Vegan Options Available

CORE & KIDS

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Sandwich	Falafel & Avocado Wrap	M	WHEAT	M	M	M		M	M	•	M	•	M	•	M	✓	Ⓥ	
Sandwich	Falafel, Avocado & Halloumi Wrap	M	WHEAT	M	M	M		•	M	•	M	•	M	•	M	✓		
Sandwich	Fish Finger Sandwich		WHEAT		•	•		•		•			•	•				
Sandwich	Ham Hock & Cheese Panini		WHEAT RYE BARLEY		•			•		•		M	M	•				
Sandwich	Mexican Burrito Wrap with Buttermilk Chicken	M	WHEAT	M	•	M		•	M	•	M	M	•	•	M			
Sandwich	Mexican Burrito Wrap with Grilled Chorizo	M	WHEAT	M	•	M		•	M	•	M	M	M	•	M			
Sandwich	Mexican Burrito Wrap with Sweet Potato	M	WHEAT	M	•	M		•	M	•	M	M	M	•	M	✓		
Sandwich	Panini Milano	M	WHEAT RYE BARLEY		•			•		•		M	M	•				
Sandwich	Tomato & Pesto Mozzarella Panini		WHEAT RYE BARLEY		•			•		•		M	M	•		✓		
Sandwich	Twisted Chicken Club Ciabatta	•	WHEAT RYE BARLEY		•			•		•		M	•	•				GF Option Available
Salads	Balsamic & Honey Dressing (Salad Choice)													•		✓		
Salads	Chilli & Lime Dressing (Salad Choice)	M	M	M	M	M		M	M	M	M	M	M	•	M	✓	Ⓥ	
Salads	Chicken, Bacon & Avo Salad, Cherries (No Dressing)							•				•	•	•				
Salads	Grilled Halloumi & Falafel Salad (No Dressing)							•				•		•		✓		

CORE & KIDS																			
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION	
Burgers	Beyond Cheese Burger	•	WHEAT		M			M		•		M	•		M	✓	Ⓟ	GF Option Available	
Burgers	Chicken, Bacon & Avocado Burger		WHEAT		•			•		•		M	•	•	M			GF Option Available	
Burgers	Christmas Clucker Burger (TRIAL SITES)	M	WHEAT		•			•		•		M	•	•	M			GF Option Available	
Burgers	Crispy Fried Halloumi Burger		WHEAT		•			•		•		•	•	•	M	✓		GF Option Available	
Burgers	Lounge Bacon Cheeseburger		WHEAT		•			•		•		M	•	•	M			GF Option Available	
Burgers	Lounge Burger		WHEAT		•			•		•		M	•	•	M			GF Option Available	
Burgers	Moving Mountains Hot Dog		WHEAT		M			M		•			M			✓	Ⓟ	GF Option Available	
Burgers	Super Hero Burger	M	WHEAT		•	*		•	*	•	M	M	•	•	M			GF Option Available	
Burgers	Ultimate Chicken Burger	•	WHEAT		•			•		•		M	•	•	M			GF Option Available	

CORE & KIDS

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Naked Burgers	Beyond Cheese Burger NAKED	•							•							☑	Ⓥ	
Naked Burgers	Chicken, Bacon & Avocado Burger NAKED				•			•	•				•	•				
Naked Burgers	Christmas Clucker Burger NAKED (TRIAL SITES)	M	M		•			•	•			M	•	•				
Naked Burgers	Crispy Fried Halloumi Burger NAKED				•			•	•			•	•		☑			
Naked Burgers	GF Super Hero Burger NAKED	M	M		•			•	•		M	M	•	•				
Naked Burgers	Lounge Bacon Cheeseburger NAKED				•			•	•				•	•				
Naked Burgers	Lounge Burger NAKED				•			•	•				•	•				
Naked Burgers	Super Hero Burger NAKED	M	•		•	*		•	*	•	M	M	•	•				
Naked Burgers	Ultimate Chicken Burger NAKED	•	M		•			•	•			M	•	•				
Naked Burgers	V Moving Mountains Hot Dog NAKED		•						•							☑	Ⓥ	

CORE & KIDS																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Mains	Handmade Turkey & Smoked Bacon Pie	•	WHEAT		•			•						•				
Mains	Maple Roasted Vegetable Pie	•	WHEAT								M	•	•	•	M	✓	Ⓥ	
Mains	West Country Cheddar & Leek Pie	•	WHEAT		•			•		•				•		✓		
Mains	Bang Bang Chicken Noodles	M	WHEAT					•		•		•	•	M				
Mains	Buttermilk Fried Chicken Main	•	M		•			•		•		M	•	•				
Mains	Mac Cheese		WHEAT					•		•	M	M			M	✓		
Mains	Mac Cheese with Bacon		WHEAT					•		•	M	M			M			
Mains	Mac Cheese with Spinach & Broccoli		WHEAT					•		•	M	M			M	✓		
Mains	Mexican Superbowl	M	M	M	M	M		M	M	•	M	M	M	•	M	✓	Ⓥ	
Mains	Mexican Superbowl with Chorizo	M	M	M	M	M		M	M	•	M	M	M	•	M			
Mains	Mexican Superbowl with Halloumi	M	M	M	M	M		•	M	•	M	M	M	•	M	✓		
Mains	Pulled Brisket Chilli	M	M					•		•	M	M		•				
Mains	Salmon Pasta al Forno		WHEAT		•	•		•					•					
Mains	Steak Frites							•		•								
Mains	The Big Banger	•	M							•		•	•	•		✓	Ⓥ	

CORE & KIDS

MENU CATEGORY	DISH	CORE & KIDS															MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN		VEGAN
Tapas	ALL 3x TAPAS WILL AUTOMATICALLY BE SERVED WITH BREAD																	
Tapas	Beef & Pork Meatballs Tapas		WHEAT		M			M		M		M	M	•				
Tapas	BMC Taco	M	WHEAT		M			•		•	M	M	•	M				
Tapas	Crispy Cod Taco	M	WHEAT	M	M	•		•	M*	•	M	M	M	M				
Tapas	Feta & Supergrain Bowl Tapas	M		M	M	M		•	M	M	M	M	M	•	M	✓		
Tapas	Frank's Fiery Chicken Wings	M	M*	M	M	M		M*	M	•	M	M	M	•	M			
Tapas	Grilled Chorizo Taco	M	WHEAT		M			M		•	M	M	M	M				
Tapas	Guacamole Tapas	M	M					M		•		M	M	M		✓	Ⓥ	
Tapas	Halloumi Sticks Tapas				•			•			M		M	M	M	✓		
Tapas	Hummus Tapas		WHEAT RYE BARLEY		M						M		•	M	M		✓	Ⓥ
Tapas	Mozzarella Mac & Cheese Ball Tapas		WHEAT		M	*		•	*	•	M	M	M	M	M	✓		
Tapas	Patatas Bravas Tapas	M		M	M	M		M	M	•	M	M	M	•	M	✓	Ⓥ	
Tapas	Pulled Brisket & Black Beans Tapas	M			M			•		•	M	M	M	•				
Tapas	Salt & Pepper Squid Tapas		WHEAT		M	*		M*	•	M*		M	M	M				
Tapas	Spinach & Goat's Cheese Croquettes Tapas		WHEAT		M	*		•	*	M*		M	M	M	M	✓		
Tapas	Sticky Asian Chicken Wings	M	M*	M	M	M		M	M	•	M	•	•	•	M			
Tapas	Sweet Potato Taco	M	WHEAT		M			M		•	M	M	M	M		✓	Ⓥ	

CORE & KIDS																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Sides	Christmas Pigs in Blankets Side													•				
Sides	Ciabatta with Oil and Balsamic Side		WHEAT RYE BARLEY		M			M		M		M	M	•		✓	Ⓟ	
Sides	Fries Side															✓	Ⓟ	
Sides	Fries with Cheese Side							•								✓		
Sides	Garlic Bread Side		WHEAT RYE BARLEY		M			•		M		M	M	M		✓		
Sides	Garlic Bread with Cheese Side		WHEAT RYE BARLEY		M			•		M		M	M	M		✓		
Sides	Halloumi Sticks Side				•			•								✓		
Sides	House Slaw Side				•			•		•				•		✓		
Sides	Mac Cheese Side		WHEAT					•		•	M	M			M	✓		
Sides	Onion Rings Side		WHEAT			*		•	*	*						✓		
Sides	Spicy Veggie Rice Side	M	M							•		M		M		✓	Ⓟ	
Sides	Spring Greens Side	M	M							•		•	•	M		✓	Ⓟ	
Sides	Sweet Pot Fries Side															✓	Ⓟ	

CORE & KIDS

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Puddings	Banana & Berries Sundae		WHEAT		•			•			M		•	•	M	✓		
Puddings	Chocolate Sundae		WHEAT		•			•					•	•	M	✓		
Puddings	Churros & Two Sauces		WHEAT		M	*		•	*	*	M		•	•	M	✓		
Puddings	Sticky Toffee Pudding		WHEAT		•			•						•		✓		
Puddings	Sticky Toffee Sundae		WHEAT		•			•					•	•		✓		
Puddings	Waffle Apple Toffee Biscoff		WHEAT		•			•			M		•	•	M	✓		
Puddings	Waffle Banoffee Brownie		WHEAT		•			•					•	•	M	✓		
Puddings	Waffle Blueberry Shortcake		WHEAT		•			•			M		•	•	M	✓		
Puddings	Warm Chocolate Brownie				•			•					•	•	M	✓		
Cakes	Blueberry & Lemon Drizzle Loaf Slice		WHEAT		•			•			M		M	M	M	✓		
Cakes	Chocolate Cake Slice		M		•			•					•		M	✓		
Cakes	Brownie				•			•					•		M	✓		
Cakes	Carrot Cake Slice		WHEAT		M			M					M		WALNUT PISTACHIO	✓	Ⓥ	
Cakes	Chocolate & Orange Torte Slice												•			✓		
Cakes	Dark Fruity Flapjack Bar															✓		
Cakes	Tea Cake		WHEAT		•			•			M		•			✓		
Cakes	Croissant		WHEAT		•			•					M		M	✓		
Cakes	Pain Au Chocolat		WHEAT		•			•			M		•		M	✓		

CORE & KIDS																		
MENU CATEGORY	DISH	Allergens															Dietary	MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	
Cakes	Jelly Beans																<input checked="" type="checkbox"/>	

CORE & KIDS

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN		MODIFICATION	
																VEGETARIAN	VEGAN		
Adds & Extras	6oz Burger																		
Adds & Extras	Baked Beans																✓	ⓧ	
Adds & Extras	Balsamic Vinegar and Oil																✓	ⓧ	
Adds & Extras	Beef Brisket & Beans	M						M			M								
Adds & Extras	Black Pudding		WHEAT BARLEY OATS																
Adds & Extras	Buttermilk Chicken Half Breast	M	M									M							
Adds & Extras	Button Mushrooms																	✓	
Adds & Extras	Cheddar Slice																	✓	
Adds & Extras	Chorizo Diced																		
Adds & Extras	Chorizo Diced																		
Adds & Extras	Ciabatta Portion		WHEAT RYE BARLEY															✓	
Adds & Extras	Cumberland Sausage																		
Adds & Extras	Egg Fried																	✓	
Adds & Extras	Egg Poached																	✓	
Adds & Extras	Falafels																	✓	ⓧ

CORE & KIDS																			
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION	
Adds & Extras	Feta							•								✓			
Adds & Extras	Fried Red Onions															✓	Ⓥ		
Adds & Extras	Gluten Free Roll w/ Butter				•			•								✓			
Adds & Extras	Guacamole															✓	Ⓥ		
Adds & Extras	Halloumi Sliced 3 (Mex Superbowl)							•								✓			
Adds & Extras	Halloumi Slices 2 (Extras & Wraps)							•								✓			
Adds & Extras	Ham Hock																		
Adds & Extras	Hash Brown															✓	Ⓥ		
Adds & Extras	Herb-Marinated Chicken Half Breast																		
Adds & Extras	Jalapenos												•			✓	Ⓥ		
Adds & Extras	Maple Syrup															✓	Ⓥ		
Adds & Extras	Muffin		WHEAT		M			•				M	•		M	✓			
Adds & Extras	Onion Rings		WHEAT					•								✓			
Adds & Extras	Pancake		WHEAT		•			•		M		•	M	M	✓				
Adds & Extras	Roasted Tomatoes															✓	Ⓥ		

CORE & KIDS

MENU CATEGORY	DISH	ALLERGENS																	MODIFICATION						
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN								
Adds & Extras	Smoked Salmon					•																			
Adds & Extras	Sour Cream									•													✓		
Adds & Extras	Spinach									•													✓		
Adds & Extras	Vegan Button Mushrooms																						✓	Ⓥ	
Adds & Extras	Vegan Gouda Cheese Slice																						✓	Ⓥ	
Adds & Extras	Vegan Sausage																•	•					✓	Ⓥ	
Adds & Extras	Vegan Spinach																						✓	Ⓥ	
Adds & Extras	Avocado (Half)																						✓	Ⓥ	
Adds & Extras	Burger Cheese Slice									•													✓		
Adds & Extras	Hollandaise				•					•													✓		
Adds & Extras	Hummus																						✓	Ⓥ	
Adds & Extras	Smoked Back Bacon																								
Adds & Extras	Smoked Streaky Bacon																								
Adds & Extras	Toast		WHEAT BARLEY							•													✓		
Adds & Extras	Vegan Bacon Slice	M	WHEAT OATS								M		M	•									✓	Ⓥ	
Adds & Extras	Vegan Toast		WHEAT BARLEY																				✓	Ⓥ	
Adds & Extras	Burger Side Salad	M	M	M	M	M			M	M	•	M	M	M	•	M						✓	Ⓥ		

CORE & KIDS																			
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION	
Kids		ALL KIDS MEAL ARE SERVED WITH A SNACKPOT																	
Kids	GF Kids Snack Pot (No Breadsticks)											•					✓	ⓧ	If Allergic to Sesame ask for No hummous
Kids	Kids Snack Pot		WHEAT					M				•	M	M			✓	ⓧ	If Allergic to Sesame ask for No hummous
Kids	Kids 3oz Hamburger		WHEAT		M			M				•	•	•	M				
Kids	Kids Breakfast		WHEAT BARLEY		•			•				•	•	•					
Kids	Kids Cheesy Beans on Toast		WHEAT BARLEY					•				•	•	M		✓			
Kids	Kids Chicken Lollipops		WHEAT					M*		*		•	M*	M*					
Kids	Kids Falafel in a Bun		WHEAT		M			M				•	•	M	M	✓	ⓧ		
Kids	Kids Fish Fingers		WHEAT			•		M*	*	•		•	M	M					
Kids	Kids GF 3oz Hamburger				•							•		•					
Kids	Kids GF Chicken Lollipops											•							
Kids	Kids GF Falafel in a Bun				•							•				✓			
Kids	Kids GF Sausage Chips and Beans											•		•					
Kids	Kids Macaroni Cheese and Garlic Bread		WHEAT RYE BARLEY		M			•		•	M	•	M	M	M	✓			
Kids	Kids Pancakes With Banana and Compote		WHEAT		•			•		M	M	•	•	•	M	✓			
Kids	Kids Sausage Chips and Beans		WHEAT					M				•	M	•					
Kids	Kids Brownie				•			•				•	•		M	✓			
Kids	Kids Fruit Sundae		WHEAT		•			•			M		•	•	M	✓			
Kids	Kids Ice Cream w Chocolate Sauce				M			•					•	•		✓			
Kids	Choice Fries (Kids)															✓	ⓧ		
Kids	Choice Salad (Kids)								•							✓	ⓧ		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF Brunch	GF Avocado Brunch	M	M	M	•	M		M	M	M	M	M	M	•	M	✓		
GF Brunch	GF Back Bacon Butty				•			•						•				
GF Brunch	GF Big Lounge Breakfast				•			•						•				
GF Brunch	GF Breakfast Muffin				•			•						•				
GF Brunch	GF Brooklyn Brunch	M	M		•			•		•	M	M		M		✓		
GF Brunch	GF Eggs Bacon with chives				•			•						•				
GF Brunch	GF Eggs Chorizo, Guacamole & Peppers with chives	M	M		•			•		•		M		M				
GF Brunch	GF Eggs Mushrooms with chives				•			•								✓		
GF Brunch	GF Eggs Salmon with chives				•	•		•										
GF Brunch	GF Eggs Spinach with chives				•			•								✓		
GF Brunch	GF Frank's Ham Hock Hash	M	M		•			•		•		M		M				
GF Brunch	GF Lounge Breakfast				•			•						•				
GF Brunch	GF Sausage Butty				•			•						•				
GF Brunch	GF Spinach & Feta Shakshuka				•			•								✓		
GF Brunch	GF Spinach, Feta & Chorizo Shakshuka				•			•										
GF Brunch	GF Streaky Bacon Butty				•			•										
GF Brunch	GF Veggie Breakfast	M	M		•			•		•		M	•	•		✓		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF Salad	Balsamic & Honey Dressing (Salad Choice)													•		☑		
GF Salad	Chilli & Lime Dressing (Salad Choice)	M	M	M	M	M		M	M	M	M	M	M	•	M	☑	Ⓢ	
GF Salad	GF Chicken, Bacon & Avo Salad, Cherries (No Dressing)							•				•	•	•				
GF Salad	GF Grilled Halloumi & Falafel Salad (No Dressing)							•				•		•		☑		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	ALLERGENS															MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	
ALL 3x GF TAPAS WILL AUTOMATICALLY BE SERVED WITH GF BREAD ROLL WHICH CONTAIN EGGS																	
GF Tapas	GF Feta & Supergrain Bowl Tapas	M	M	M	M	M		.	M	M	M	M	M	.	M	✓	
GF Tapas	GF Frank's Fiery Chicken Wings	M	M	M	M	M		M*	M	.	M	M	M*	.	M		
GF Tapas	GF Guacamole Tapas	M	M							.		M		M		✓	
GF Tapas	GF Halloumi Sticks Tapas				.			.								✓	
GF Tapas	GF Hummus Tapas				.							.				✓	
GF Tapas	GF Patatas Bravas Tapas	M	M	M	M	M		M	M	.	M	M	M	.	M	✓	
GF Tapas	GF Pulled Brisket & Black Beans Tapas	M	M					.		.	M	M		.			
GF Tapas	GF Sticky Asian Chicken Wings	M	M	M	M	M		M*	M	.	M	.	.	.	M		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	ALLERGENS														MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS		VEGETARIAN
ALL GF BURGERS WILL AUTOMATICALLY BE SERVED WITH GF BREAD ROLL WHICH CONTAIN EGGS																	
GF Burgers	GF Beyond Cheese Burger	.			.				.							<input checked="" type="checkbox"/>	
GF Burgers	GF Chicken, Bacon & Avocado Burger							
GF Burgers	GF Christmas Clucker Burger	M	M		.		.		.		M	.	.				
GF Burgers	GF Crispy Fried Halloumi Burger						<input checked="" type="checkbox"/>		
GF Burgers	GF Lounge Bacon Cheeseburger							
GF Burgers	GF Lounge Burger							
GF Burgers	GF Super Hero Burger	M	M		.		.		.	M	M	.	.				
GF Burgers	GF Ultimate Chicken Burger	.	M		.		.		.		M	.	.				

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	Allergens																MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	
GF Mains	GF Buttermilk Fried Chicken	•	M		•			•		•		M	•	•				
GF Mains	GF Mexican Superbowl	M	M	M	M	M		M	M	•	M	M	M	•	M	✓	Ⓥ	
GF Mains	GF Mexican Superbowl with Chorizo	M	M	M	M	M		M	M	•	M	M	M	•	M			
GF Mains	GF Mexican Superbowl with Halloumi	M	M	M	M	M		•	M	•	M	M	M	•	M	✓		
GF Mains	GF Pulled Brisket Chilli	M	M					•		•	M	M		•				
GF Mains	GF Steak Frites							•		•								
GF Mains	GF The Big Banger	•	M							•		•	•	•		✓	Ⓥ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF Sandwiches	GF Falafel & Avocado Roll	M	M	M	•	M		M	M	•	M	•	M	•	M	<input checked="" type="checkbox"/>		
GF Sandwiches	GF Falafel, Avocado & Halloumi Roll	M	M	M	•	M		•	M	•	M	•	M	•	M	<input checked="" type="checkbox"/>		
GF Sandwiches	GF Twisted Chicken Club Ciabatta	•	M		•			•		•		M	•	•				

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF Sides	Christmas Pigs in Blankets Side													•				
GF Sides	GF Fries Side														✓	V		
GF Sides	GF Fries with Cheese Side							•							✓			
GF Sides	GF Halloumi Sticks Side				•			•							✓			
GF Sides	GF House Slaw Side				•			•		•				•	✓			
GF Sides	GF Spicy Veggie Rice Side	M	M							•		M		M	✓	V		
GF Sides	GF Spring Greens Side	M	M							•		•	•	M	✓	V		
GF Sides	GF Sweet Pot Fries Side														✓	V		
GF Sides	Gluten Free Roll w/ Butter				•			•							✓			

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF Cakes	GF Banana & Berries Sundae							•			M			•	M	✓		
GF Cakes	GF Chocolate Sundae				•			•					•	•	M	✓		
GF Cakes	GF Warm Chocolate Brownie				•			•					•	•	M	✓		
GF Cakes	GF Brownie				•			•					•		M	✓		
GF Cakes	GF Chocolate & Orange Torte Slice												•			✓	Ⓥ	
GF Cakes	GF Dark Fruity Flapjack Bar															✓	Ⓥ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Vegan Brunch	V Avocado Brunch	M	WHEAT RYE BARLEY	M	M	M		M	M	M	M	M	M	•	M	✓	Ⓥ	
Vegan Brunch	Vegan Bacon Butty	M	WHEAT							M		M	•			✓	Ⓥ	
Vegan Brunch	Vegan Breakfast	M	WHEAT							•		M	•	•		✓	Ⓥ	
Vegan Brunch	Vegan Sausage Butty		WHEAT										•	•		✓	Ⓥ	
Vegan Brunch	Vegan Toast with Jam		WHEAT										•			✓	Ⓥ	
Vegan Brunch	Vegan Toast with Marmalade		WHEAT										•			✓	Ⓥ	
Vegan Brunch	Vegan Toast with Marmite	•	WHEAT RYE BARLEY OATS										•			✓	Ⓥ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Vegan Tapas	V Avocado & Supergrain Bowl Tapas	M	M	M	M	M		M	M	M	M	M	M	•	M	✓	Ⓥ	
Vegan Tapas	V Guacamole Tapas	M	M					M		•		M	M	M		✓	Ⓥ	
Vegan Tapas	V Hummus Tapas		WHEAT RYE BARLEY		M			M		M		•	M	M		✓	Ⓥ	
Vegan Tapas	V Patatas Bravas Tapas	M	M	M	M	M		M	M	•	M	M	M	•	M	✓	Ⓥ	
Vegan Burger	V Sweet Potato Taco	M	WHEAT		M			M		•	M	M	M	M		✓	Ⓥ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Vegan Mains	V Beyond Cheese Burger	•	•		M			M		•		M	•		M	✓	Ⓥ	
Vegan Mains	V Falafel Salad									•		•				✓	Ⓥ	
Vegan Mains	V Mexican Superbowl	M	M	M	M	M		M	M	•	M	M	M	•	M	✓	Ⓥ	
Vegan Mains	V Moving Mountains Hot Dog		•		M			M		•			M			✓	Ⓥ	
Vegan Mains	Vegan Big Banger	•	M							•		•	•			✓	Ⓥ	
Vegan Mains	Vegan Maple Roasted Vegetable Pie	•	•								M	•	•	•	M	✓	Ⓥ	
Vegan Mains	V Falafel & Avocado Wrap	M	•	M	M	M		M	M	•	M	•	M	•	M	✓	Ⓥ	
Vegan Side	V Mexican Burrito Wrap with Sweet Potato	M	•	M	M	M		M	M	•	M	M	M	•	M	✓	Ⓥ	
Vegan Side	Vegan BLT Sandwich	M	•							•		M	•			✓	Ⓥ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Vegan Side	V Ciabatta with Oil and Balsamic Side		WHEAT RYE BARLEY		M			M		M		M	M	•		✓	ⓧ	
Vegan Side	V Fries Side															✓	ⓧ	
Vegan Side	V House Slaw Side									•						✓	ⓧ	
Vegan Side	V Spicy Veggie Rice Side	M	M							•		M		M		✓	ⓧ	
Vegan Side	V Spring Greens Side	M	M							•		•	•	M		✓	ⓧ	
Vegan Cake	V Sweet Pot Fries Side															✓	ⓧ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Vegan Cake	V Chocolate & Orange Torte Slice												•			✓	V	
Vegan Cake	V Dark Fruity Flapjack Bar															✓	V	
Vegan Cake	Carrot Cake Slice		WHEAT		M			M					M	WALNUT PISTACHI O	✓	V		

XMAS MENU 2020																		
MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Starters	Christmas Hummus											•	•			✓	Ⓥ	
Starters	Ciabatta Portion		WHEAT RYE BARLEY		M			M		M		M	M	M		✓	Ⓥ	
Starters	Gluten Free Roll Portion				•											✓		
Starters	Pigs in Blankets Sharer SMALL													•				
Starters	Popcorn Brie Bites Sharer SMALL				•			•								✓		
Starters	Pulled Brisket & Black Beans Tapas (NO BREAD)	M	M					•		•	M	M		•				
Mains	Christmas Clucker Burger NAKED	M	M		•			•		•		M	•	•				
Mains	Christmas Clucker Burger	M	WHEAT		•			•		•		M	•	•	M			
Mains	GF & VEGAN Maple Roasted Vegetable Gratin	•										•	•	•		✓		
Mains	GF Christmas Clucker Burger	M	M		•			•		•		M	•	•				
Mains	Handmade Turkey & Smoked Bacon Pie	•	WHEAT		•			•						•				
Mains	Maple Roasted Vegetable Pie	•	WHEAT								M	•	•	•	M	✓	Ⓥ	
Mains	West Country Cheddar & Leek Pie	•	WHEAT		•			•		•				•		✓		

XMAS MENU 2020

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Puddings	English Cheese Plate	•	WHEAT OATS		•			•						•	M	✓		
Puddings	GF English Cheese Plate	•			•			•						•		✓		
Puddings	Sticky Toffee Brandy Pudding		WHEAT		•			•						•		✓		
Puddings	V Chocolate & Orange Torte				M					M			•	•	M	✓	Ⓥ	
Puddings	Warm Chocolate Brownie				•			•					•	•	M	✓		
Puddings	Mini Mince Pie		WHEAT							M				•	M	✓	Ⓥ	
Shots	Copper Dog Whisky															✓	Ⓥ	
Shots	Five Hundred Cuts Rum															✓	Ⓥ	
Shots	Martell Brandy															✓	Ⓥ	
Shots	Moose Spirits															✓	Ⓥ	
Shots	Mulled Cider													•		✓	Ⓥ	
Shots	Mulled Wine													•				

DRINKS MENU 2020

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
WINE White	Chenin Blanc Cullinan View							•						•				
WINE White	Picpoul de Pinet, Reserve Mirou													•	✓	ⓧ		
WINE White	Sauvignon Blanc Pulpo							•						•				
WINE White	Verdejo El Velero Verde													•				
WINE White	Pinot Grigo Vita													•	✓	ⓧ		
WINE Red	El Velero TempranilGarnacha													•				
WINE Red	Malbec Luna del Sur													•	✓	ⓧ		
WINE Red	Merlot Monte Verde													•	✓	ⓧ		
WINE Red	Rioja Marques de Morano													•	✓	ⓧ		
WINE Red	Shiraz Short Mile Bay				•			•						•				
WINE Rose	White Zinfandel Lavender Hill							M						•	✓	ⓧ		
WINE Rose	Pinot Grigio Rosato Corte Vigna													•	✓	ⓧ		
WINE Spark	English Sparkling Chapel Down				•	•								•				
WINE Spark	Prosecco Santa Fosca													•	✓	ⓧ		

DRINKS MENU 2020

MENU CATEGORY	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Cocktails	Aperol Spritz													•		✓	Ⓥ	
Cocktails	Belsazar Ginger Spritz													•		✓		
Cocktails	Bloody Mary	•							•				•	•		✓		
Cocktails	Bloody Mary PITCHER	•							•				•	•		✓		
Cocktails	Caramel Apple Diaquiri													•		✓	Ⓥ	
Cocktails	Cherry Bakewell															✓	Ⓥ	
Cocktails	Cherry Bakewell PITCHER															✓	Ⓥ	
Cocktails	Chocolate & Cherry Black Russian												M			✓	Ⓥ	
Cocktails	Elderflower Rose Cooler													•		✓		
Cocktails	Elderflower Rose Cooler PITCHER													•		✓		
Cocktails	Espresso Martini															✓	Ⓥ	
Cocktails	Hot Spiced Apple (Copper Dog Whisky)															✓	Ⓥ	
Cocktails	Hot Spiced Apple (Five Hundred Cuts Rum)															✓	Ⓥ	
Cocktails	Hot Spiced Apple (Martell Brandy)															✓	Ⓥ	
Cocktails	Hot Spiced Apple (Moose Spirits)															✓	Ⓥ	
Cocktails	Long Island Spiced Tea															✓		

DRINKS MENU 2020

MENU CATEGORY	DISH															VEGETARIAN		MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGAN			
Cocktails	Long Island Spiced Tea PITCHER																<input checked="" type="checkbox"/>		
Cocktails	Mango Margarita																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Mango Tiki Shake																<input checked="" type="checkbox"/>		
Cocktails	Mojito																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Osaka Sour																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Pina Colada																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Prosecco & Passion Fruit Martini																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Raspberry & Vanilla Martini																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Raspberry Mojito																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Rhubarb and Ginger Bramble																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Spritz Framboise																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Cocktails	Virgin Hot Spiced Apple																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	

DRINKS MENU 2020

MENU CATEGORY	DISH																MODIFICATION		
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN		VEGAN	
Shots	Maple Espresso Chaser																		
Shots	Sambuca																		
Shots	Tequilla Slammer (Don Julio)																		
Shots	Tequilla Slammer (Jose Cuervo)																		
Xmas	Copper Dog Whisky																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Xmas	Five Hundred Cuts Rum																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Xmas	Martell Brandy																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Xmas	Moose Spirits																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Xmas	Mulled Cider																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Xmas	Mulled Wine																		

DRINKS MENU 2020

MENU CATEGORY	DISH																	MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN		
Homemade Drinks	Cooling Lemonade																✓	✓	
Homemade Drinks	Pink Lemonade																✓	✓	
Homemade Drinks	Rose Garden																✓	✓	
Homemade Drinks	Sherbet Lemonade							M			M					M	✓	✓	
Homemade Drinks	Virgin Mango Colada																✓	✓	
Homemade Drinks	Virgin Mary	•								•			•				✓	✓	
Homemade Drinks	Watermelon Iced Tea																✓	✓	
Homemade Drinks	Banana Milkshake							•									✓		
Homemade Drinks	Chocolate Milkshake							•									✓		
Homemade Drinks	Strawberry Milkshake							•									✓		
Homemade Drinks	Vanilla Milkshake							•									✓		
Milks	Coconut Milk												•				✓	✓	
Milks	Oat Milk		•														✓	✓	
Milks	Soya Milk												•				✓	✓	
Milks	Dairy Full Fat milk							•									✓		
Milks	Dairy Skimmed Milk							•									✓		