

ALLERGEN MATRIX

If you are ordering for someone who has a food allergy or intolerance please let us know.

Our Allergen Matrix is available on request and on our website. It shows which of the 14 legally declarable allergens are contained in every dish on our menu. Because our recipes sometimes change it is important you let us know about any allergies every time you order. Though we recommend that you check the Matrix yourself our team will always be happy to advise, particularly if your allergy is not covered. We have strict procedures in place for taking and preparing allergen orders but you should be aware that allergenic ingredients are present on our premises and those of our suppliers.

Despite the significant efforts we go to, we cannot eliminate the risk of cross contamination and therefore cannot guarantee any of our dishes are 100% free of allergens.

ALLERGEN MATRIX







INTRODUCTION

Hello, welcome to our allergy information guide which details all the dishes that we offer and is designed to help you make decisions on the food and drink that you order. Please let a member of our team know if you have an allergy to any ingredient, even if you have dined with us before. Our Allergen Statement is present on our menus so that our position on allergens is very clear.

ALLERGEN MATRIX

This is our Allergen Matrix which contains a list of all the dishes served in our Lounges. At the top we have listed the 14 declarable allergens for your reference. On the right-hand side of the matrix you will find the modification column which allows you to remove certain key allergens from your favourite dishes.

Core and Kids
GF & Vegan
Drinks

	A RED dot means that the dish contains the specified allergenic ingredient. i.e. The ingredient is not included in the menu description but may be part of a sauce.
	A GREEN highlighted box means the dish can be modified to remove the specific allergenic ingredient. See Modification column and make sure to inform your waiter of your allergy(ies) when ordering at the till.
M	A black M means the dish "May Contain". The term 'May Contain' is used to highlight where an allergen is not in a recipe or intentionally in a dish, but where the manufacturer of an ingredient believes that cross-contamination may still be a risk. Cross-contamination happens when traces of allergens get into products accidentally during the manufacturing, handling, transport or storage of foods.
	A BLUE Asterisk means that the dish is fried in oil that may also be used to fry other dishes that contains the allergen
M*	A black M with a BLUE Asterisk  means there is a 'May Contain' risk + a fryer cross contamination risk for this allergen.
	VEGETARIAN
	VEGAN

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH																VEGETARIAN VEGAN		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS				
Brunch	Avocado Brunch	M	WHEAT RYE BARLEY	M	•	M		M	M	M	M	M	M	•	M	✓		GF & Vegan Options Available	
Brunch	Back Bacon Butty		WHEAT					•					•	•				GF Option Available	
Brunch	Lounge Breakfast		WHEAT		•			•					•	•				GF Option Available	
Brunch	Big Lounge Breakfast		WHEAT BARLEY OATS		•			•					•	•				GF Option Available	
Brunch	Breakfast Muffin		WHEAT		•			•			M		•	•	M				
Brunch	Brooklyn Brunch	M	WHEAT RYE BARLEY		•			•		•	M	M	M	M		✓		GF Option Available	
Brunch	Eggs Bacon with chives		WHEAT		•	M		•				M	•	•	M			GF Option Available	
Brunch	Eggs Chorizo, Guacamole & Peppers with chives		WHEAT		•			•				M	•		M			GF Option Available	
Brunch	Eggs Mushrooms with chives		WHEAT		•			•				M	•		M	✓		GF Option Available	
Brunch	Eggs Salmon with chives		WHEAT		•	•		•				M	•		M			GF Option Available	
Brunch	Eggs Spinach with chives		WHEAT		•			•				M	•		M	✓		GF Option Available	

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Brunch	Sausage Butty		WHEAT					•					•	•				GF Option Available
Brunch	Streaky Bacon Butty		WHEAT					•					•					GF Option Available
Brunch	Toast with Jam		WHEAT					•					•			✓		Vegan Option Available
Brunch	Toast with Marmalade		WHEAT					•					•			✓		Vegan Option Available
Brunch	Toast with Marmite	•	WHEAT RYE BARLEY OATS					•					•			✓		Vegan Option Available
Brunch	Triple Stacked Buttermilk Pancakes with Bacon and Maple Syrup		WHEAT		•			•		M			•	M	M			
Brunch	Veggie Breakfast		WHEAT		•			•			M		•		M	✓		GF & Vegan Options Available
Brunch	Big Vegan Breakfast	M	WHEAT OATS							M		M	•			✓	Ⓥ	GF Option Available
Brunch	Big Veggie Breakfast		WHEAT		•			•			M		•		M	✓		GF Option Available
Brunch	GF Big Veggie Breakfast				•			•			M				M	✓		
Brunch	Vegan & GF Breakfast															✓	Ⓥ	

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH	ALLERGENS																MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	
Sandwich	Panini Milano	M	WHEAT RYE BARLEY		•			•		•		M	M	•				
Sandwich	Falafel & Avocado Wrap	M	WHEAT	M	M	M		M	M	•	M	•	M	•	M	✓	Ⓥ	GF Option Available
Sandwich	Falafel, Avocado & Halloumi Wrap	M	WHEAT	M	M	M		•	M	•	M	•	M	•	M	✓		Vegan Option Available
Sandwich	Fish Finger Sandwich		WHEAT		•	•		•	*	•			•	•				
Sandwich	Mexican Burrito Wrap with Buttermilk Chicken	M	WHEAT	M	•	M		•	M	•	M	M	•	•	M			
Sandwich	Mexican Burrito Wrap with Grilled Chorizo	M	WHEAT	M	•	M		•	M	•	M	M	M	•	M			
Sandwich	Mexican Burrito Wrap with Sweet Potato	M	WHEAT	M	•	M		•	M	•	M	M	M	•	M	✓		
Sandwich	Tomato & Pesto Mozzarella Panini		WHEAT RYE BARLEY		•			•		•		M	M	•		✓		
Sandwich	Twisted Chicken Club	•	WHEAT RYE BARLEY		•			•		•		M	•	•				GF Option Available

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH																	MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN		
Dressing	Balsamic & Honey Dressing														•		<input checked="" type="checkbox"/>		
Dressing	Chilli & Lime Dressing	M	M	M	M	M		M	M	M	M	M	M		•	M	<input checked="" type="checkbox"/>	(V)	
Salad	Chicken, Bacon & Avo Salad	M	M					•		•		•	•	•					
Salad	Grilled Halloumi & Falafel Salad							•				•		•			<input checked="" type="checkbox"/>		Vegan Option Available

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH															VEGETARIAN VEGAN		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS			
Burgers	Beyond Cheese Burger	•	WHEAT		M			M		•		M	•		M	✓	Ⓥ	GF Option Available
Burgers	Buttermilk Chicken, Bacon & Avocado Burger	M	WHEAT		•			•		•		M	•	•	M			GF Option Available
Burgers	Crispy Fried Halloumi Burger		WHEAT		•			•		•		•	•	•	M	✓		GF Option Available
Burgers	Lounge Bacon Cheeseburger		WHEAT		•			•		•		M	•	•	M			GF Option Available
Burgers	Lounge Burger		WHEAT		•			•		•		M	•	•	M			GF Option Available
Burgers	Super Hero Burger	M	WHEAT		•			•		•		M	•	•	M			
Burgers	Ultimate Chicken Burger	•	WHEAT		•			•		•		M	•	•	M			GF Option Available
Hot Dog	Moving Mountains Hot Dog		WHEAT		M			M		•			M			✓	Ⓥ	
Burgers	Beyond Cheese Burger NAKED	•								•						✓	Ⓥ	
Burgers	Buttermilk Chicken, Bacon & Avocado Burger NAKED	M	M		•			•		•		M	•	•				
Burgers	Crispy Fried Halloumi Burger NAKED				•			•		•		•		•		✓		
Burgers	Lounge Bacon Cheeseburger NAKED				•			•		•			•	•				
Burgers	Lounge Burger NAKED				•			•		•			•	•				
Burgers	Super Hero Burger NAKED	M	WHEAT		•			•		•		M	•	•				
Burgers	Ultimate Chicken Burger NAKED	•	M		•			•		•		M	•	•				
Hot Dog	Moving Mountains Hot Dog NAKED		WHEAT							•						✓	Ⓥ	

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH															VEGETARIAN		VEGAN		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN			
Tapas	ALL 3x TAPAS WILL AUTOMATICALLY BE SERVED WITH BREAD																			
Tapas	Ciabatta Portion		WHEAT RYE BARLEY		M			M		M		M	M	M		✓	Ⓥ			
Tapas	BMC Taco	M	WHEAT					•		•	M	M	•	M	M					
Tapas	Cheddar & Sweetcorn Fritter Tapas				•			•			M			M		✓				
Tapas	Crispy Cod Taco	M	WHEAT	M	M	•		•	M*	•	M	M	M	M						
Tapas	Frank's Fiery Chicken Wings	M	M	M	M	M		M*	M	•	M	M	M*	•						
Tapas	Grilled Chorizo Taco	M	WHEAT					M		•	M	M		M	M					
Tapas	Guacamole Tapas		WHEAT RYE BARLEY		M			M		M		M	M	M	M	✓	Ⓥ	GF Option Available		
Tapas	Halloumi Sticks Tapas				•			•						M		✓				
Sides	Hummus Tapas		WHEAT RYE BARLEY		M			M		M		•	M	M		✓	Ⓥ	GF Option Available		
Sides	Patatas Bravas Tapas	M	M	M	M	M		M	M	M	M	M	M	•		✓	Ⓥ			
Sides	Salt & Pepper Squid Tapas		WHEAT			*		*	•	*										
Sides	Spinach & Goat's Cheese Croquettes Tapas		WHEAT			*		•	*	*						✓				
Sides	Sticky Asian Chicken Wings	M	M	M	M	M		M*	M	•	M	•	•	•						
Sides	Sweet Potato Taco	M	WHEAT					M		•	M	M		M		✓	Ⓥ			

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH															VEGETARIAN		VEGAN		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN			
Sides	Ciabatta with Oil and Balsamic Side		WHEAT RYE BARLEY		M			M		M		M	M	M		✓	Ⓥ			
Sides	Fries Side															✓	Ⓥ			
Sides	Fries with Cheese Side							•								✓				
Sides	Garlic Bread Side		WHEAT RYE BARLEY		M			•		M		M	M	M		✓				
Sides	Garlic Bread with Cheese Side		WHEAT RYE BARLEY		M			•		M		M	M	M		✓				
Sides	Halloumi Sticks Side				•			•								✓				
Sides	House Slaw Side				•			•		•				•		✓				
Sides	Mac Cheese Side		WHEAT					•		•						✓				
Sides	Onion Rings Side		WHEAT			*		•	*	*						✓				
Sides	Sweet Pot Fries Side															✓	Ⓥ			
Sides	Tenderstem Broccoli with Chilli Side												•			✓	Ⓥ			

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Cakes	Chocolate Sundae		WHEAT		•			•					•	•	M	✓		
Cakes	Churros & Two Sauces		WHEAT		M	*		•	*	*	M		•	•	M	✓		
Cakes	Sticky Toffee Pudding		WHEAT		•			•					•			✓		
Cakes	Sticky Toffee Sundae		WHEAT		•			•					•	•		✓		
Cakes	Warm Chocolate Brownie				•			•					•	•	M	✓		
Cakes	Winter Fruit Sundae		WHEAT		•			•			M		•	•	M	✓		
Cakes	Brownie				•			•					•		M	✓		
Cakes	Carrot Cake Slice		WHEAT											WALNUT PISTACHIO	✓	Ⓥ		
Cakes	Pain Au Chocolat		WHEAT		•			•				M	•		M	✓		
Cakes	Croissant		WHEAT		•			•					M		M	✓		
Cakes	Chocolate & Orange Torte Slice												•			✓	Ⓥ	
Cakes	Dark Fruity Flapjack Bar															✓	Ⓥ	
Cakes	Tea Cake		WHEAT		•			•				M	•		M	✓		
Cakes	Jelly Beans															✓		
Cakes	Nuts		BARLEY					•			•				CASHEW	✓		

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH															VEGETARIAN		MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGAN			
Adds & Extras	Halloumi Slices							•									✓		
Adds & Extras	Hash Brown																✓	Ⓥ	
Adds & Extras	Jalapenos													•			✓	Ⓥ	
Adds & Extras	Maple Syrup																✓	Ⓥ	
Adds & Extras	Muffin		WHEAT		M			•				M	•		M		✓		
Adds & Extras	Onion Rings		WHEAT			*		•	*	*							✓		
Adds & Extras	Roasted Tomatoes																✓	Ⓥ	
Adds & Extras	Smoked Salmon					•													
Adds & Extras	Sour Cream							•									✓		
Adds & Extras	Spinach							•									✓		
Adds & Extras	Vegan Bacon Slice	M	WHEAT							M		M	•				✓	Ⓥ	
Adds & Extras	Vegan Button Mushrooms																✓	Ⓥ	
Adds & Extras	Vegan Gouda Cheese																✓	Ⓥ	
Adds & Extras	Vegan Spinach																✓	Ⓥ	

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH															VEGETARIAN		MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGAN			
Adds & Extras	Avocado																✓	ⓧ	
Adds & Extras	Burger Cheese Slice							•									✓		
Adds & Extras	Hollandaise				•			•									✓		
Adds & Extras	Hummus											•					✓	ⓧ	
Adds & Extras	Pancake		WHEAT		•			•		M			•		M	M	✓		
Adds & Extras	Smoked Back Bacon														•				
Adds & Extras	Smoked Streaky Bacon																		
Adds & Extras	Toast		WHEAT					•					•				✓		
Adds & Extras	6oz Burger														•				
Adds & Extras	Baked Beans																✓	ⓧ	
Adds & Extras	Balsamic Vinegar and Oil														•		✓	ⓧ	
Adds & Extras	Black Pudding		WHEAT BARLEY OATS																
Adds & Extras	Buttermilk Chicken Half Breast	M	M					•		•		M	•		M				
Adds & Extras	Button Mushrooms							•									✓		
Adds & Extras	Cheddar & Sweetcorn Fritters				•			•			M					M	✓		

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH															VEGETARIAN		MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGAN			
Adds & Extras	Cheddar Slice							•									<input checked="" type="checkbox"/>		
Adds & Extras	Chorizo																		
Adds & Extras	Chorizo Diced																		
Adds & Extras	Ciabatta Portion		WHEAT RYE BARLEY		M			•					M	M			<input checked="" type="checkbox"/>		
Adds & Extras	Cumberland Sausage													•					
Adds & Extras	Egg Fried				•												<input checked="" type="checkbox"/>		
Adds & Extras	Egg Poached				•												<input checked="" type="checkbox"/>		
Adds & Extras	Falafels																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Adds & Extras	Fried Red Onions																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Adds & Extras	Gluten Free Roll w/ Butter				•			•									<input checked="" type="checkbox"/>		
Adds & Extras	Grated Cheddar							•									<input checked="" type="checkbox"/>		
Adds & Extras	Guacamole																<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	

MENU CATEGORY REDUCED SUMMER MENU CORE & KIDS 2020	DISH	ALL KIDS MEAL ARE SERVED WITH A SNACKPOT														VEGETARIAN VEGAN		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	
Kids	Kids Snack Pot		WHEAT				M				•	M	M		✓	Ⓥ		
Kids	Kids Breakfast		WHEAT BARLEY		•		•				•	•	•					If Allergic to Sesame, ask for No hummus
Kids	Kids Pancakes With Banana and Compote		WHEAT		•		•		M	M	•	•	•	M	✓			If Allergic to Sesame, ask for No hummus
Kids	Kids 3oz Hamburger		WHEAT		M		M				•	•	•	M				If Allergic to Sesame, ask for No hummus. GF option available
Kids	Kids Cheesy Beans on Toast		WHEAT BARLEY				•				•	•	M		✓			If Allergic to Sesame, ask for No hummus
Kids	Kids Chicken Lollipops		WHEAT				•		*		•	M*	M*					If Allergic to Sesame, and/or Gluten ask for No snackpot
Kids	Kids Falafel in a Bun		WHEAT		M		M				•	•	M	M	✓	Ⓥ		GF option available
Kids	Kids Fish Fingers		WHEAT			•	M		•		•	M	M					If Allergic to Sesame, ask for No hummus
Kids	Kids GF 3oz Hamburger				•								•					NO SNACK POT
Kids	Kids GF Falafel in a Bun				•						•				✓			NO SNACK POT
Kids	Kids Macaroni Cheese and Garlic Bread		WHEAT RYE BARLEY		M		•		•		•	M	M	M	✓			If Allergic to Sesame, ask for No hummus
Kids	Kids Sausage Chips and Beans		WHEAT				M				•	M	•					If Allergic to Sesame, and/or Gluten ask for No snackpot
Kids	Kids Brownie				•		•					•	•	M	✓			
Kids	Kids Fruit Sundae		WHEAT		•		•			M		•	•	M	✓			GF option available
Kids	Kids Ice Cream w Chocolate Sauce				M		•					•	•		✓			
Kids	Fries														✓	Ⓥ		
Kids	Salad								•						✓	Ⓥ		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH	ALLERGENS															DIETARY		MODIFICATION
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN		
GF Brunch	GF Avocado Brunch	M	M	M	•	M		M	M	M	M	M	M	•	M	✓			
GF Brunch	GF Back Bacon Butty				•			•						•					
GF Brunch	GF Big Lounge Breakfast				•			•						•					
GF Brunch	GF Breakfast Muffin				•			•						•					
GF Brunch	GF Brooklyn Brunch	M	M		•			•		•	M	M		M		✓			
GF Brunch	GF Eggs Bacon with chives				•			•						•					
GF Brunch	GF Eggs Chorizo, Guacamole & Peppers with chives				•			•											
GF Brunch	GF Eggs Mushrooms with chives				•			•								✓			
GF Brunch	GF Eggs Salmon with chives				•	•		•											
GF Brunch	GF Eggs Spinach with chives				•			•								✓			
GF Brunch	GF Lounge Breakfast				•			•						•					
GF Brunch	GF Sausage Butty				•			•						•					
GF Brunch	GF Streaky Bacon Butty				•			•											
GF Brunch	GF Veggie Breakfast				•			•			M				M	✓			

GLUTEN FREE & VEGAN MENU

MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH	Allergen Legend																MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN		
GF Salad Dressing	Balsamic & Honey Dressing													•			✓		
GF Salad Dressing	Chilli & Lime Dressing	M	M	M	M	M		M	M	M	M	M	M	•	M		✓	Ⓢ	
GF Salad	GF Chicken, Bacon & Avo Salad	M	M					•		•		•	•	•					
GF Salad	GF Grilled Halloumi & Falafel Salad							•				•		•			✓		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH															MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS		VEGETARIAN
ALL 3x GF TAPAS WILL AUTOMATICALLY BE SERVED WITH GF BREAD ROLL WHICH CONTAIN EGGS																	
GF Tapas	GF Cheddar & Sweetcorn Fritter Tapas				•			•			M				M	✓	
GF Tapas	GF Frank's Fiery Chicken Wings	M	M	M	M	M		M*	M	•	M	M	M*	•	M		
GF Tapas	GF Guacamole Tapas				•											✓	
GF Tapas	GF Halloumi Sticks Tapas TRIAL				•			•								✓	
GF Tapas	Hummus Tapas				•						•					✓	
GF Tapas	GF Patatas Bravas Tapas	M	M	M	M	M		M	M	M	M	M	M	•	M	✓	Ⓟ
GF Tapas	GF Sticky Asian Chicken Wings	M	M	M	M	M		M*	M	•	M	•	•	•	M		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
ALL GF BURGERS WILL AUTOMATICALLY BE SERVED WITH GF BREAD ROLL WHICH CONTAIN EGGS																		
GF Burgers	GF Beyond Cheese Burger	•			•					•						☑		
GF Burgers	GF Buttermilk Chicken, Bacon & Avocado Burger	M	M		•			•		•	M		•	•				
GF Burgers	GF Crispy Fried Halloumi Burger				•			•		•	•		•			☑		
GF Burgers	GF Lounge Bacon Cheeseburger				•			•		•			•	•				
GF Burgers	GF Lounge Burger				•			•		•			•	•				
GF Burgers	GF Super Hero Burger	M	M		•			•		•	M		•	•				
GF Burgers	GF Ultimate Chicken Burger	•	M		•			•		•	M		•	•				
GF Mains	GF Steak Frites							•		•								
GF Mains	GF Bombay Sweet Potato & Lentil Curry	M	M	M	M	M		M	M	•	M	M	•	•	M	☑	Ⓟ	
GF Mains	GF Buttermilk Fried Chicken	•	M		•			•		•	M		•	•				
GF Mains	GF Mexican Superbowl	M	M	M	M	M		M	M	M	M	M	M	•	M	☑	Ⓟ	
GF Mains	GF Mexican Superbowl with Chorizo	M	M	M	M	M		M	M	M	M	M	M	•	M			
GF Mains	GF Mexican Superbowl with Halloumi	M	M	M	M	M		•	M	M	M	M	M	•	M	☑		
GF Mains	GF Tin Pan Louie's Chunky Beef Chilli							•					•					

GLUTEN FREE & VEGAN MENU																		
MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
		GF Sandwiches	GF Falafel & Avocado Roll	M	M	M	•	M		M	M	•	M	•	M	•	M	✓
GF Sandwiches	GF Falafel, Avocado & Halloumi Roll	M	M	M	•	M		•	M	•	M	•	M	•	M	✓		
GF Sandwiches	GF Twisted Chicken Club Ciabatta	•	M		•			•		•		M	•	•				
GF Sides	GF Fries Side															✓	Ⓥ	
GF Sides	Fries with Cheese Side							•								✓		
GF Sides	GF Halloumi Sticks Side				•			•								✓		
GF Sides	GF House Slaw Side				•			•		•				•		✓		
GF Sides	GF Sweet Pot Fries Side															✓	Ⓥ	
GF Sides	GF Tenderstem Broccoli with Chilli Side												•			✓	Ⓥ	
GF Sides	Gluten Free Roll w/ Butter				•			•								✓		

GLUTEN FREE & VEGAN MENU

MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
GF Cakes	GF Chocolate Sundae				•			•					•	•	M			
GF Cakes	GF Warm Chocolate Brownie				•			•					•	•	M	✓		
GF Cakes	GF Winter Fruit Sundae							•			M			•	M	✓		
GF Cakes	GF Brownie				•			•					•		M	✓		
GF Cakes	GF Chocolate & Orange Torte Slice												•			✓	Ⓥ	
GF Cakes	GF Dark Fruity Flapjack Bar															✓	Ⓥ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Vegan Brunch	V Avocado Brunch	M	WHEAT RYE BARLEY	M	M	M		M	M	M	M	M	M	•	M	✓	Ⓥ	
Vegan Brunch	Vegan Bacon Butty	M	WHEAT OATS							M		M	•			✓	Ⓥ	
Vegan Brunch	Vegan Breakfast	M	WHEAT OATS							M		M	•			✓	Ⓥ	
Vegan Brunch	Vegan Toast with Jam		WHEAT										•			✓	Ⓥ	
Vegan Brunch	Vegan Toast with Marmalade		WHEAT										•			✓	Ⓥ	
Vegan Brunch	Vegan Toast with Marmite	•	WHEAT RYE BARLEY OATS										•			✓	Ⓥ	
Vegan Tapas	V Guacamole Tapas		WHEAT RYE BARLEY		M			M		M			M	M		✓	Ⓥ	
Vegan Tapas	V Hummus Tapas		WHEAT RYE BARLEY		M			M		M		•	M	M		✓	Ⓥ	
Vegan Tapas	V Patatas Bravas Tapas	M	M	M	M	M		M	M	M	M	M	M	•	M	✓	Ⓥ	
Vegan Tapas	V Sweet Potato Taco	M	WHEAT					M		•	M	M		M		✓	Ⓥ	

GLUTEN FREE & VEGAN MENU

MENU CATEGORY REDUCED SUMMER MENU GF & VE 2020	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	MODIFICATION
Vegan Burger	V Beyond Cheese Burger	•	WHEAT		M			M	•		M		•		M	✓	Ⓥ	
Vegan Burger	V Moving Mountain Hot Dog		WHEAT		M			M	•				M			✓	Ⓥ	
Vegan Burger	V Bombay Sweet Potato & Lentil Curry	M	M	M	M	M		M	M	•	M	M	•	•	M	✓	Ⓥ	
Vegan Burger	V Falafel Salad								•		•					✓	Ⓥ	
Vegan Burger	V Mexican Superbowl	M	M	M	M	M		M	M	M	M	M	M	•	M	✓	Ⓥ	
Vegan Burger	V Falafel & Avocado Wrap	M	WHEAT	M	M	M		M	M	•	M	•	M	•		✓	Ⓥ	
Vegan Burger	V Mexican Burrito Wrap with Sweet Potato	M	WHEAT	M	M	M		M	M	•	M	M	M	•	M	✓	Ⓥ	
Vegan Burger	Vegan BLT Sandwich	M	WHEAT OATS						•		M	•				✓	Ⓥ	
Vegan Burger	V Ciabatta with Oil and Balsamic Side		WHEAT RYE BARLEY		M			M	M		M	M	•			✓	Ⓥ	
Vegan Side	V Fries Side															✓	Ⓥ	
Vegan Side	V House Slaw Side								•							✓	Ⓥ	
Vegan Side	V Sweet Pot Fries Side															✓	Ⓥ	
Vegan Side	V Tenderstem Broccoli with Chilli Side												•			✓	Ⓥ	
Vegan Cake	Chocolate & Orange Torte Slice												•			✓	Ⓥ	
Vegan Cake	Dark Fruity Flapjack Bar															✓	Ⓥ	
Vegan Cake	Vegan Carrot Cake Slice		WHEAT											•		✓	Ⓥ	

MENU CATEGORY DRINKS 2020	DISH																MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN	
WINE White	Chenin Blanc Cullinan View							•						•				
WINE White	Picpoul de Pinet, Reserve Mirou													•		✓	Ⓥ	
WINE White	Sauvignon Blanc Pulpo							•						•				
WINE White	Verdejo El Velero Verde													•				
WINE White	Pinot Grigo Vita													•		✓	Ⓥ	
WINE Red	El Velero Tempranillo Garnacha													•				
WINE Red	Malbec Luna del Sur													•		✓	Ⓥ	
WINE Red	Merlot Monte Verde													•		✓	Ⓥ	
WINE Red	Rioja Marques de Morano													•		✓	Ⓥ	
WINE Red	Shiraz Short Mile Bay				•			•						•				
WINE Rose	White Zinfandel Lavender Hill							M						•		✓	Ⓥ	
WINE Rose	Pinot Grigio Rosato Corte Vigna													•		✓	Ⓥ	
WINE Spark	English Sparkling Chapel Down				•	•								•				
WINE Spark	Prosecco Santa Fosca													•		✓	Ⓥ	

MENU CATEGORY DRINKS 2020	DISH																	MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS	VEGETARIAN	VEGAN		
Cocktails	Amaretto Sour							•											
Cocktails	Aperol Spritz																		
Cocktails	Biscoffee Cheesecake		•					•											
Cocktails	Bloody Mary	•								•									
Cocktails	Cherry Bakewell																		
Cocktails	Elderflower Rose Cooler																		
Cocktails	Espresso Martini																		
Cocktails	Long Island Spiced Tea																		
Cocktails	Mango Tiki Shake																		
Cocktails	Mojito																		
Cocktails	Moose Mule																		
Cocktails	Passion Fruit Martini																		
Cocktails	Passion Fruit Mojito																		
Cocktails	Peach Fizz																		
Cocktails	Pimlico Punch																		
Cocktails	Pimms Serve																		

MENU CATEGORY DRINKS 2020	DISH															VEGETARIAN		VEGAN		MODIFICATION	
		CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME	SOYA	SULPHITES & SO ₂	TREENUTS						
Milkshakes	Banana Milkshake							•										✓			
Milkshakes	Chocolate Milkshake							•											✓		
Milkshakes	Strawberry Milkshake							•											✓		
Milkshakes	Vanilla Milkshake							•											✓		
Milks	Coconut Milk														•				✓	Ⓥ	
Milks	Oat Milk		•																✓	Ⓥ	
Milks	Soya Milk														•				✓	Ⓥ	
Milks	Dairy Full Fat milk							•											✓		
Milks	Dairy Skimmed Milk							•											✓		